

Lambda

Laurentian University's Student Newspaper
Le journal des étudiant(e)s de l'Université Laurentienne
Volume 36 - Issue 12 / Numéro 12

Q. What's Long and
Hard on a Canadian?
A. Winter!

- Bowser and Blue

Winter Exam
Schedule.
Pgs. 8 & 9

Festive Holiday
Feature.
Pgs. 10 & 11



More Labour
Unrest.
Pg. 3



Lady Vees
Kick Ass!
Pg. 19



Holiday Movie
Mania!
Pg. 14

INDEX

National	2
News (Local)	3
Editorial	4
Opinion	5
Columnists	6&7
Exam Schedule	8&9
Festive Feature	10-11
Entertainment	12-15
Classifieds	16
Sports	17-20



WRITING OUR NAME IN THE SNOW SINCE 1961

Low-income students thinking twice about university, says report

by Michael Connors

Atlantic Bureau

ST. JOHN'S (CUP) — Debt-loads for university students from low-income families in the Maritimes are so high that many are rethinking whether higher education is even an option, says a report released by a regional education commission.

The Maritime Provinces Higher Education Commission recently released a study which surveyed the effect of rising tuition fees on students' perceptions of post-secondary education. Ray Ivany, one of the authors of the report, says the study was commissioned to provide hard data on what those effects are.

While the commission found the number of students in the three Maritime provinces with debt-loads over \$25,000 had increased from 71 in 1994, to 1,750 in 1997, Ivany says the more telling finding is which students are taking on the bulk of that debt.

"We know by correlation that the students that are taking on the highest individual loans, and therefore the highest debt-loads, come from those families with the lowest household incomes," he said.

"There is the hot-point that we see from a policy standpoint."

The commission is an inter-governmental body established by the Departments of Education in Nova Scotia, Prince Edward Island and New Brunswick.

In 1995, Maritime students from low-income families — earning under \$30,000 a year — borrowed an average of \$6,379, the report says. Students from middle-income families borrowed an average of \$5,855, and students from high-income families borrowed \$3,760.

The report also found that

64 per cent of these lower income students cited student aid as their main source of income during their university years.

Ivany says that, based on extensive survey data on students leaving high school last year, the committee found that students from lower income families tend to be more likely to take into account certain considerations than others when deciding whether or not to pursue a post-secondary education.

The report says 52 per cent of high-school students from low-income households are worried enough about debt to consider not attending university at all, and 57 per cent of parents think the same.

The commission did find, however, that virtually all high-school students surveyed believed post-secondary education was vital to getting a good career, and many were still willing to borrow to get that education.

But Ivany says this raises further questions as to how far these low-income students will be able to go in their education.

"If you finish an undergraduate degree with a \$40,000 debt-load, what are the chances of you then pursuing a graduate or professional program?" he asked. "Do we really want to set up a system where the only people who can pursue graduate work are those who can have the lowest debt-loads?"

This is significant, Ivany says, because data from Statistics Canada has consistently shown that the higher the level of education, the higher the average income upon graduation.

These findings come as no surprise, say student leaders in the

Maritimes.

"Basically the report confirmed most of our worst fears," Bob Prince, president of the New Brunswick Student Alliance, said.

Prince says the way in which low-income families view the possibility of getting a post-secondary education is particularly disturbing.

"Everyone knows what role parents play when students are deciding whether or where to attend university, and if we have 57 per cent of parents who are thinking twice about whether post-secondary education is even a possibility, then that can only have a negative effect on whether the student will attend university or not," he said.

Student groups in P.E.I. and Nova Scotia echoed Prince's concerns, and say the top priority in fixing the problem needs to be student aid reform.

Amy Cole, chair of the Canadian Federation of Students in Nova Scotia, says governments need to take action to reduce debt-loads.

"If you give high-need students an opportunity to get into the educational system, they're much more likely to finish the degree than if they weren't given the incentive to do so," she said.

There have been indications in recent weeks that reforms are in the works, as federal government projections show students will be overwhelmed by debt in two years. Canada's educational stakeholders have been pushing for a variety of options, including national grants, tuition freezes and interest relief.

The study was conducted with the help of the student aid offices in the Maritime provinces and the Angus-Reid polling organization.

Ontario isolated from emerging consensus on student aid

by Sarah Schmidt

The Varisty

TORONTO (CUP) — While reforms to the Canada Student Loans program seem imminent after an unprecedented gathering of students, teachers, university administrators, politicians and bankers, Ontario now stands alone on an isolated course to restructure its student loans program.

"This was the first time all the stakeholders were under the same roof. I wasn't quiet sure where things might wind up," Bob Best, president of the Association of Universities and Colleges said about the recent two-day stakeholders meeting in Ottawa on student aid hosted by Human Resources Development Canada. "But what emerged were some elements of consensus."

With debt-ridden students sandwiched between the profit-soaring lending banks and fee-hiking university administrators, a near consensus emerged from the unlikely group, which meet in Ottawa Nov. 17 and 18.

There was an overwhelming support for up-front grants for incoming students and back-end loan remission for graduates. As well, there was as a general disdain for the student aid reform package touted by Ontario — an income-related loan repayment plan, according to Gayle Morris, spokesperson for the Canada Student Loans program.

"The general priority was for more up-front grants, more tax measures and targeted debt remission to help students through low income and high debt levels," Morris said about the multi-faceted solution approach to the debt crisis.

In particular, targeted debt remission, or a repayment grant, was identified as particularly important during the transition years — the first three to five years after graduation when high debt loads are often coupled with insecure income.

Jocelyn Charron, the Canadian Federation of Students' full-time lobbyist, says the resounding message of the stakeholders meeting is a good sign.

"The federation has a lot to be pleased about. The terms of the debate have changed," he said about the emphasis on debt reduction measures rather than repayment models.

Even the banks are now talking the same language.

"Income contingent loans is a tool rather than a debt solution," Sandra Ferguson, vice-president, student product management for the Canadian Imperial Bank of Commerce, said. "There was a consensus that we need to focus on debt reduction."

The federation has been an advocate of a national system of grants and staunch critic of income-related repayment schemes — dubbed as a regressive funding mechanism — since its formation in 1981.

"We have been at it for a long time. And it became more urgent in the last few years when a lot of the provinces either reduced or got rid of grants altogether," Charron said. "Everybody was surprised

that we were coming from the same perspective," Tom Lumsden, Royal Bank's product manager, personal credit services, said. "To be honest, I don't think there's been an appetite for income-contingency or [income-based repayment] for some time."

Still, a day after the symposium ended Ontario Premier Mike Harris re-affirmed his government's commitment to implementing an income-related loans system by next September. The government originally planned to have the system in place by this fall, but could not secure support from the lenders nor a partnership with the federal government to meet the deadline.

Harris' sentiment was affirmed by symposium participant Richard Jackson, senior policy advisor for student support at Ontario's Ministry of Education.

"Ontario was truly isolated," Bill Bruneau, president of the Canadian Association of University Teachers, also a long-time critic of the income-related repayment model, said.

"It's clear the feds don't want it. And it's clear the rest of the provinces don't want it," he added.

The lenders seem weary of proceeding down Ontario's path if the federal government balks at implementing an income-related repayment model because of the sheer complexity and administrative burdens.

"What will the administration of it mean if the feds aren't in it? How do you administer it? It's already complex program," Barb Godin, senior vice-president, retail lending, Bank of Nova Scotia, said. "Anything that brings more complexity for the student and the administration might not be the best step."

"Administration only adds to the cost. I can't really see value added," Godin said, adding the bank needs more details from the Ontario government before it can rule it out completely.

"One of our priorities is harmonization. If Ontario has one direction and the federal government has another, that's a problem," echoed Ferguson of the CIBC.

In the wake of a positive symposium, participants now anxiously await the next federal budget.

"At least it's a modest victory and perhaps a great one. We'll have to wait for the federal budget," Bruneau said.

The future of reform in Ontario, however, remains a mystery.

"They are caught between an emerging consensus and some rigid positions from their government," Charron said about the Ontario delegates.

"I'm not sure Harris knows right now," echoed Bruneau, adding ideology may prevail over reason. "He may be willing to spend an enormous amount for ideological reasons, even though it's highly expensive and socially irresponsible."

B.C. calls for national tuition fee freeze

by Rachel Furey

Ontario Bureau

OTTAWA (CUP) — A nation-wide tuition fee freeze is needed to effectively tackle the problems of student debt and youth unemployment, says British Columbia Premier Glen Clark.

Speaking to students at Carleton University in Ottawa Nov. 28, Clark called on the federal government to implement a tuition fee freeze across Canada and restore post-secondary education funding to 1995-96 levels.

Since 1995 the federal government has cut \$1.2-billion in transfer payments for post-secondary education funding to the provinces.

While other provinces have reacted to the federal government's reduction in funding by hiking tuition fees by as much as 30 per cent, B.C. has imposed a tuition fee freeze which has been in place for the last two years.

"Across the country we're seeing dramatic reduction options when increases [in funding for post-secondary education] are needed. It's time for a national freeze [on tuition fees]," Clark told Canadian University Press.

But the federal government says it won't go back on its cuts to post-secondary education.

"In a perfect world I'm sure all government[s] who have had to make cuts would love to go back and

reverse those cuts, but it's not a perfect world and if we did that we'd be back where we started," Nathalie Gauthier, spokesperson for the federal ministry of finance, said.

Clark pointed to his own government's tuition fee freeze as evidence that education cuts are not necessary.

"It can be done," he said of the national tuition fee freeze.

"But it requires Ottawa to sit down with the provinces to find a way that works for everyone, a way that not only halts the escalation in tuition fees but also opens thousands of new student spaces at a stable and affordable price," Clark said.

"We need to work together to keep fees reasonable."

Clark's visit to Carleton was hosted by the Carleton University Students' Association and the Canadian Federation of Students, who joined him in advocating government action on student debt reduction.

Canada needs a system of up-front grants and post-study relief for those graduating with debts and this must be introduced in the next federal budget, Brad Lavigne, national chair of the federation, said.

"[Premier Clark's stance] shows the federal government the high level of support that the federation has for its policies," Lavigne said.

But, after concluding its

round of consultations with post-secondary education stakeholders Nov. 17 and 18, the federal government says it's still too soon to say what measures will be taken to respond to the student debt problem.

"The government is studying the recommendations and what Premier Clark is talking about will be considered," Gayle Morris, spokesperson for the Canada Student Loans program, said.

Although there was a consensus among stakeholders at last week's meeting that Canada needs a national system of grants, the government wouldn't say if it will act on this concern.

Canada is one of two industrialized countries which does not have a national grants program for university and college students.

Clark's speech also included a call for the federal government to act on youth unemployment, which he says is closely tied to the issue of accessible education.

Clark says intensive work on national youth unemployment will be a focus when he meets with Prime Minister Jean Chretien and the other first ministers in December.

"Ottawa has set goals for reducing the deficit and achieved them. Now we need a national commitment to tackle the challenge of youth unemployment with the same intensity," Clark said.

Sudbury Resident taking on Royal Bank

by Norman Shields
News Editor

Woman alleges foul play in eviction notice

A Sudbury woman has been evicted from her home by the Royal Bank. Lil' Wajmer was evicted from her Sudbury home on Tuesday November 25, 1997, pursuant to a Sheriff's Writ of Eviction issued to her on November 18th.

Ms. Wajmer found the Writ affixed to her door when she returned home on the eighteenth. On the nineteenth, she faxed a letter to Mr. Jeff Birmingham of Sudbury's Royal Bank expressing her "deep dissatisfaction and distrust with banking procedures and policies."

In a prepared statement from November 25, Ms. Wajmer wrote, "There are many unusual and puzzling circumstances surrounding the takeover. It seems the Royal Bank, not satisfied with being a monetary exchange, has decided [], in partnership with greedy and rapacious individuals, to remove me from my property."

Ms. Wajmer had fallen \$5000 to \$6000 behind on her mortgage payments due to "recovery issues". She says that her mother approached

a Royal Bank in Hamilton in early spring of this year to pay up the back-dated mortgage. According to Ms. Wajmer, the manager at that institution refused her money, and told the woman to "back off".

Mr. Birmingham told *Lambda* that the amount represented almost a year and a half of payments. He added that Ms. Wajmer has never been able to supply him or other Royal Bank representatives with information as to which branch her mother approached in Hamilton, making confirmation of her story very difficult.

Mr. Birmingham added that the last thing the Royal Bank wants to do is evict their mortgage-holders from their homes. He said that evictions are an "administrative nightmare" that yield little economic benefit to financial institutions. He also conceded that evictions are simply "bad press".

He said that the Royal Bank has "tried to help her out several times" by suggesting financial options to her. He indicated that their

suggestions were not well-received by the client.

In the meantime, Ms. Wajmer has been forced into the auspices of a Sudbury Women's Shelter. She has found other citizens with similar complaints with respect to the Royal Bank, and is sure that she will find more.

On Monday, Ms. Wajmer and two supporters visited the Royal Bank to discuss the situation further, though Mr. Birmingham was not available to meet with them. At the same time, one of her companions, whose husband is an executive for the Royal Bank, closed her account at the institution as a symbolic act of protest.

Ms. Wajmer has founded the Association for Ethical Banking Standards to address what she calls the "rising trend of banking greed and fraud..." Ms. Wajmer has established an account at the Toronto Dominion Bank for donations to the Association for Ethical Banking Standards. The account information is available at *Lambda*.

Manitoba gov't employees win same-sex benefits

by Andrea Breau
Prairies Bureau

WINNIPEG (CUP) — After a 15-year legal battle, Manitoba provincial employees have finally won the right to same-sex benefits.

The Manitoba Human Rights Commission ruling, made Nov. 24, means gay and lesbian provincial government employees will now be able to provide health, dental and optical care to their partners.

"This decision was long overdue," Chris Vogel, a provincial employee who launched the suit in 1982, said.

While Vogel and other provincial employees are celebrating the ruling, members of Manitoba's gay and lesbian community are asking why it took so long.

"It seems pretty silly that it took 15 years and several appeals to

determine whether its legal or not to discriminate against [gays and lesbians]," Maggie Ross, a member of the University of Winnipeg's gay, lesbian and bisexual student group, said. "Of course it's illegal."

Roland Penner, a law professor at the University of Manitoba and a former provincial attorney general, says the delay in the ruling was probably the result of several factors.

"One, I think in some instances there was a lack of willpower [from] the government, due to fiscal and ideological concerns, to act on this issue. Two, human rights commissions in Canada are often underfunded and that sometimes affects their ability to work effectively."

Manitoba Labour Minister Harold Gillshammer told the Winni-

peg Free Press that the province is prepared to act on the commission's ruling.

"We don't like it, but we'll abide by the [commission's] ruling," he said, adding that an appeal isn't likely.

Gillshammer did not return calls from the Canadian University Press.

Vogel and others say the victory, however, is not complete. He and other provincial employees still do not have the right to include their partners in their pension plans. The Manitoba commission ruled that it was out of its jurisdiction to dictate the structure of the pension plan to the federal government.

"It's not totally satisfactory," Vogel said.

LAMBDA EXCLUSIVE

Strike Threatens Christmas

by Sarah Viau
Staff Writer

Just when we thought that Christmas couldn't get any worse, what with people not being able to send their Christmas cards, a new crisis has developed that threatens to set Christmas back even farther. Santa's Unionized Elves of Ontario (SUE-O) have officially walked out of the workshops and on to the picket lines. That's right: the elves have declared a provincial strike.

Among the elves' issues are: job security, salary increases, pensions, and health benefits. The elves are complaining that large department store chains, like Wal-Mart, are securing a monopoly over the toy industry, and they are concerned that soon their services will no longer be needed. The elves desire new contracts to assure them that they will have jobs in the future.

Further, with downsizing being the current trend, the elves are

worried that the Harris government, bent on eliminating unions, will eventually sweep the elves under the carpet for good.

Mike Harris, once again playing an instrumental role in reform plans, has stated that the Ontario government will be cutting the elves' budget by as much as \$1 billion. The elves say that the proposed cuts will force the elves' union to lay off workers and two of Santa's reindeer.

Santa, appointed chief negotiator by SUE-O, suffered a few bruises after a scuffle instigated by a government representative. Sources say the argument broke out after Santa surprised the unidentified government executive at his hotel room. Santa insists that he went to the hotel with good intentions, and he understands that any situation that threatens to impede Christmas gifts is a very serious.

Being the jolly old fellow that he is, Santa is still optimistic about the strike. At a news conference, Santa stated, "the elves are overworked and underpaid, but the real issue is that the members of SUE-O want assurances that they will still have their jobs. The strike is sure to end soon, without causing severe disappointment for the children of Ontario. At least I will still be delivering gifts, although perhaps not as many as in the past."

Progress is already being made. Members of SUEO have conceded that their initiative for a pension plan was unreasonable, since the elves really work for only one day a year. While this issue was treated very lightly, the elves are still adamantly stressing the need for job security. "It's us little people who keep this season alive!" has become the desperate chant from the elves on the picket lines.

LU NEWS BRIEFS

by Sarah Viau

Asst News Editor

Lecture on Margaret Atwood

Dr. Natalie Cooke, professor of English at McGill University, gave a lecture on the topic "Margaret Atwood and the Values of Literacy Currency", on December 1.

Dr. Cooke has just completed a biography of Margaret Atwood, and was recently given an award from the Atwood Society for the best critical article on Margaret Atwood's work.

This presentation was the first in the M.A. Humanities Colloquium Series entitled "New Life for the Humanities".

Canada's Future Political Stars

Laurentian University's House of Parliament introduced Canada's brightest and most articulate future politicians on December 2. This group of luminaries, representing four of Canada's official political parties, revealed their unique political visions and solutions during a Campus Parliamentary Media Question Period.

The Speaker for this event was the Right Honourable Ross Paul, President of LU, and the future parliamentarians were led by LU's Political

COMMUNIQUE

Conférence sur l'oeuvre de Margaret Atwood

Mme Natalie Cooke, professeure d'anglais à la McGill University, a présenté une conférence intitulée <<Margaret Atwood and the Values of Literacy Currency>>, le lundi 1 décembre. Cette conférence a été accompagnée d'un diaporama et suivie d'une réception.

Ayant depuis peu complété une biographie de Margaret Atwood, Mme Cooke s'est vue remettre tout récemment le prix de la Atwood Society pour le meilleur article critique sur l'oeuvre de Margaret Atwood.

Cette présentation était la première d'une série de conférences du programme de maîtrise en arts -humanités ayant pour titre <<New Life for the Humanities>>.

Les futures étoiles politiques du Canada

Le mardi 2 décembre, le Parlement de l'Université Laurentienne a introduit les étudiants qui sont sans doute promis à un bel avenir dans le paysage politique canadien. Ce groupe de brillants esprits, représentant quatre des parties politiques reconnues officiellement dans ce pays, ont discuté leurs visions uniques pour l'avenir du Canada et ils ont proposé des solutions à ses difficultés pendant une période de questions.

Le président de la Chambre des communes était le très honorable Ross Paul, recteur de l'Université Laurentienne. Les futures députés ont été conduites par M. Rand Dyck, professeur de sciences politiques à l'Université.

Seasons Greetings!



Our best wishes for
successful exams,
and a happy holiday!

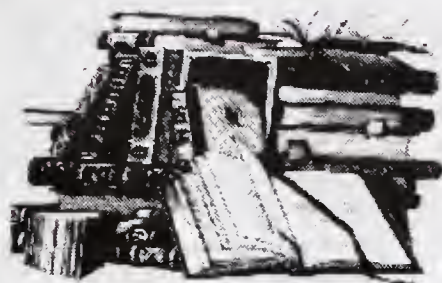
From all the staff at

TRAVEL CUTS

New Student Centre SCE - 234, 673-1401

Owned and operated by the Canadian Federation of Students

The Amiable Librarian



Our Amiable Librarian regrets that there is no column for this week, but he would like to sincerely wish everyone happy and safe holidays. The Amiable Librarian encourages all students to "keep complaining!", as his column will be returning in full force in the first issue scheduled to be released after the holidays.

The hours of service for the J.N.Demarais Library for the month of December are:

December 1 - 16, 1997: REGULAR HOURS
December 17, 18, 19, 22, 23, 1997: 8:30 a.m. - 4:30 p.m.
December 20, 21, 1997: CLOSED
December 24, 1997: 8:30 a.m. - 12:00 p.m.
December 25, 1997 - January 4, 1998: CLOSED
January 5, 1997: REGULAR HOURS

Editors Corner

With the new year just around the corner, I would like to take the time to thank the member of the Lambda staff for their hard work in making Lambda the wonderful newspaper it is. I would also like to thank the members of the student body who have graciously taken the time to contribute and respond to Lambda. We appreciate and encourage all and any contributions, criticisms and opinions we receive.



With this in mind, we are planning some exciting contests and events for the new year. The entertainment section is going to continue with the trivia portion which offers CD and surprise package give-aways to those who respond with the correct answer. The news section has extended its OSAP, essay contest into the new year as we did not receive any entrants. You can also look for the Lambda 500 during Carny week. I encourage all to take advantage of what Lambda has to offer!

Lambda is also planning some promotional efforts to make the student body, especially first year students, aware that there is a student paper and answer any questions they may have about it. Along with this is the issue of location. We want to make sure everyone knows where the Lambda office is located.

On a finishing note, I once again thank all those who have participated in the paper. We look forward to hearing from you in the new year!

Have a SAFE and happy holidays!

Patty Sebele
Assistant to the Editor-in-Chief



Dear Students:

My name is Donna Ball and I am the Coordinator of Volunteers with Meals on Wheels (Sudbury).

I am writing to express our heartfelt thanks to the students and Resident Assistants representing Laurentian University Single Students Residence and the University College Residence for their combined efforts in delivering nutritional meals, a friendly smile and a security check to all our clients.

Laurentian University as a Corporate Sponsor to our agency would not have been possible these past two years without the initial support from a wonderful person and

previous Resident Assistant named Kristen Niemi.

Kristen's coordination and enthusiasm for this project has been so successful that it is her dream and ours that Resident Assistants and students will continue from year to year. Kristen has continued her involvement even after her tenure as Resident Assistant last year by training new students and doing deliveries.

Thank you Jennifer Guy and the many students and Resident Assistants continuing the support for Meals on Wheels.

Students do make a differ-

Dear Students,

As many of you may know, drastic changes have been made to the way that you fill out course evaluations here at Laurentian. For the first time, your comments about courses and professors go to the instructor in hand written form. This is disturbing for obvious reasons. For students in small classes, all notions of confidentiality regarding evaluations are no longer present. Despite the fact that the vast majority of professors at Laurentian are fair minded and open to criticism, few, if any, students will feel that they can be honest in their evaluations.

Mike Grube, SGA President as well as Laurentian Senator, has protested this change strenuously. By Bringing this matter to Senate, he has hopefully shown administration ex-

actly how unacceptable this situation is.

What may not be obvious to the student body is that we, as students, have not been allowed to pursue this matter through one of the avenues supposedly set up to address such concerns. The Teaching and Learning Committee of Senate is supposed to be the body that addresses issues such as course evaluations. The committee has student representation to make sure things such as the course evaluation policy is student friendly.

As of the beginning of December, this body has not held its first meeting. This is not acceptable. The committee is chaired by Dr. Geoff Tesson. He is the individual who is responsible for calling meetings. When asked at the two previous Senate meetings, Dr. Tesson as-

Dear perpetually frustrated

I noticed that in your letter to the editor you mentioned you were thrown out of the pub for dancing, you failed to mention that you were "mashing" violently among a crowd of people who did not appreciate your behaviour. You also failed to mention that you were warned three times to stop your aggressive dancing, prior to your ejection from the bar. You also failed to mention that on one occasion when a bouncer tapped on your shoulder, in order to ask you to calm down, you responded by telling that bouncer what he could do with himself. Yet he allowed you to remain in the bar, why is that? It must have been a display of his over aggressiveness, or maybe he was exuding too much testosterone; or maybe he was threatened by the harmless expression of music that was occurring. That bouncer let you stay because he knew you were a harmless little man; I know this because I am not only the spots editor, but I am a

bouncer at the pub. I am also the bouncer who had you thrown out, I am also the bouncer who warned you three times to calm down before having you ejected. If my kind of human behaviour makes you sick, then every time you pass a mirror it must be a horrifying experience for you; because if my "over aggressiveness" disturbs you, what do your own lies and selective memory do to your constitution. You also failed to mention, that when asked to leave you proceeded to have what can only be described as a child's tantrum. In doing so we, the bouncers, were forced to escort you to the door, and it was during this fit that you banged your little head on the door frame. Finally, and this is the best part my dear "mosher," you didn't tell the nice people that when you attempted to return to the bar the police, yes the police, through you out on your ass in a manner much more bellicose than that of the bouncers. But we are

ence for their community. You only have to see the joy our clients show when students come to their doors. Laurentian University students have decided to be front liners rather than bystanders. Our future looks bright!

Happy Holidays!

Sincerely,
Donna Ball
Coordinator of Volunteers
Meals on Wheels

sured student representatives that the committee is on the verge of holding a meeting. To this day, no meeting has been held.

As long as an issue such as course evaluations not truly being confidential exists, we as students desperately need the Teaching and Learning Committee to have our voice heard. As the student representative on the committee, I want to bring your voice to Senate. If you have a problem with the evaluation system, or if you think that December is far too late for a committee to hold its first meeting please let me know. My E-mail address is S3700320@nickel.laurentian.ca. Or better yet, let Dr. Tesson know. Just thought you, as students, should know,
Todd Bosak
Laurentian University Senator

the violent ones. Violence begets violence, and on that night you were ill-tempered, ornery and belligerent. I personally feel that you have allot of nerve to complain about something that your actions precipitated, while at the same time leaving out critical pieces of information, just to try and satisfy your wounded ego.

Jason Stevenson (Sports Editor)

**Lambda will
return with the
finest in student
news and
entertainment
on January 15,
1998**

Lambda Staff

Copy Deadline: Fridays at 4:30 pm
Editorial Meetings: Fri. at 1:30 pm
General Meetings: Fri. at 2:00 pm

Editor-in-Chief: Jason Bingham
Financial Director: Francine Lavallée

Assistant Editor: Patty Sebele
News Editor: Norman Shields
Asst News Editor: Sarah Viau
Sports Editor: Jason Stevenson
Asst Sports Editor: open
Entertainment Ed: Mai Thompson
Asst Ent. Editor: open
Photo Editor: Steven Guiho
Asst Photo Editor: open
Rédact. Français(e): ouvert
Asst Rédac. Franc: ouvert

Features Editor: Sarah MacDonald
Asst Features Editor: Derek Serafini

Administrative
Acting Mrkt Dir: Josée Viau
Office Manager: open
Production Directors: Michelle Phillips
Typesetters: open
Circulation Director: Steven Beites

Support Staff (non-voting)
Amiable Librarian, Phillip Hadley,
Karen Thistle, Dannielle Perigoe, Bryson
McCarthy.

Lambda is the weekly student newspaper of, by and for the student's of Laurentian University. Lambda is funded through a direct student levy by the members of the Student's General Association, yet remains autonomous from all University organizations, both student and administrative.

SCE 301 Student Centre
Laurentian University
Sudbury, Ontario, P3E-2C6
(705) 673-6548
Fax: (705) 675-4849

Circulation

Lambda circulates 3,300 copies throughout the city of Sudbury and the Laurentian University Campus. We thank the following for permitting us to circulate our paper at their establishments: Vesta Pasta Cafe, Black Cat, The Towne House, East Side Marios, This Ain't The Only Café, Ralph's, Subway (Lasalle), Sudbury buster-minal, Don Cherry's.

Write to us but remember...

All submissions become the property of Lambda Publications and will thus be subject to editing. Letters submitted must bear the author's full name and telephone number. Names will be withheld upon request. Letters must not be longer than 250 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist or for length.

Notes from the file...

by Norman Shields
News Editor

Well, this is it! The last issue before Christmas! I can not believe how fast this year is going. Before I immerse you in the usual rant, I have several Christmas thank-yous for the people who have helped to make the News section run as smoothly as it has. First, and foremost, thank-you to my Assistant Editor, Sarah Viau, for all her hard work and dedication. Thank-you to Dylan Callens for his interesting insights into Sudbury's downtown core. Thanks also to Philip Hadley for his numerous science stories and to Jane Djivré for counting our pennies for us! Both Jane and Dylan are featured in this week's issue once again.

On a more gloomy note, the latest AIDS statistics are in, and they're worse than anyone anticipated. Currently, there are over 30 million individuals, world-wide, infected with the AIDS virus. This translates into one in every one hundred sexually active adults between the ages of 15 and 49. Only one in ten are aware of their condition. The countries of Sub-Saharan Africa, South East Asia and Eastern Europe are by far the most afflicted, representing two-thirds of the world's cases. There seems to be little hope of bringing the most advanced therapy to all these people. Experts believe there are only two ways of combating the AIDS virus: 1) create an effective vaccine, and 2) develop culturally relevant educational campaigns. Despite President Clinton's hope for a vaccine in the next two years, AIDS experts believe that such a vaccine is a far way off.

Supreme Court Justice John Sopinka passed away last week at the age of 64. Mr. Sopinka is the only lawyer in Canadian history to be appointed directly to the Supreme Court of Canada. The high-profile lawyer (Susan Nelles and Sinclair Stevens) was appointed in 1988 by former Prime Minister Brian Mulroney. He will be replaced promptly because Chief Justice Antonio Lamer has indicated that his Court will not hear the federal government's Reference case regarding the legality of Québec secession without a full complement. The case is slated for February 16, 1998. The new Justice must come from Ontario. According to the *Toronto Star*, Prime Minister Chrétien will likely appoint another woman to the Court. The front-runners are justices Louise Arbour and Rosalie Abella from the Ontario Court of Appeal. There are currently two women sitting in the Supreme Court: Beverley McLachlin and Claire L'Heureux-Dubé. A Supreme Court Justice earns a little more than \$150,000 a year. For Sopinka, that figure represented a massive pay cut. INCO's trial for the acciden-

tal release of sulphur dioxide into the Sudbury community has been delayed again. Ontario Court justice Gladys Pardu reserved judgement on an appeal regarding the venue of the trial. Traditionally, Environmental Protection Act cases are heard by justices of the peace. Ministry of Environment lawyers wanted the case moved up to the provincial division, where it would be heard by a provincial court justice. The class-action suit against INCO in the same case is proceeding. People from the Sudbury Region who were affected by the November 16, 1995 leak have until March 6, 1998 to submit a notice of claim.

This is the last issue before Dr. Ross Paul leaves for the University of Windsor. Unfortunately for LU, the Presidential Search Committee has thus far failed to make any feasible recommendations for his replacement. Dr. Paul indicated at the November 20, 1997 meeting of Senate, Dr. Paul informed Senators that the earliest a new President could be appointed would be June of 1998. In the meantime, Vice-President Academic, Dr. Geoffrey Tesson, will take over as interim President.

Dr. Tesson was SGA President Mike Grube's victim at the same Senate meeting. Mr. Grube charged Mr. Tesson with dragging his feet in calling a meeting of the Teaching and Learning Committee. Mr. Grube wants the committee to convene so that he can voice his displeasure with the new Teacher Evaluation guidelines, which will eliminate the typing of students' responses before being submitted to the professors. Students will retain the right to bring home the questionnaire in order to type in their responses, and thus maintain a level of anonymity, but clearly this concession is not enough, especially where a very small class is concerned. It will be interesting to see how this one plays out.

Again at Senate, a concern was raised over the absence of a French language option on the Active Living Department's telephone line. Dr. Paul offered his regret and indicated that he has been assured by all Department heads that "voice mail" will be rectified if it is not bilingual.

Finally, the Bachelor of Science in Anthropology was quietly approved by Senate. This move will allow LU's Anthropology Department to grow with the discipline, which has been developing a strong biology component in recent years. Included in this biology component, of course, is Forensic Science, the specialty of Dr. Scott Fairgrieve, head of LU's Anthropology Department.

Have a safe and happy holiday everyone!

News Department Contest

Well, it turns out that LU students have no opinion at all regarding OSAP or Tuition, so I cannot award the \$50 gift certificate this week! Sorry folks! I'll carry the prize over until January!

by Dylan Callens
Columnist

When Two Pigeons Know

Standing still, breathless as my first tear tore away from the corner of my eye. Two pigeons looked at each other, both knowing that they would have to fly away when I became too close. Suddenly, without any warning, both flew at the same time, ascending to a place that I could not reach. I longed to go with them, in their synchronous flutter to the ledge far above where they landed at the same time. Both knew where the other was going without a peep made by either.

True love, the kind that is only shared between two very special pigeons, the only thing that two of God's loving creatures understand. That and nothing more. A love that will not die, as the one pigeon was created only for the other. Have they found the type of love that we all long for deep inside? The type of love that

is unbreakable, fulfilling, loving.

I believe they did find it, for after their ascent to the divine ledge where they sat perching, I noticed that one pigeon looked longingly into the eyes of the other. Together they leaned in for a small peck on the beak. These birds had no need for chatter, their silent love warned the cool air outside, bringing happiness to anyone that walked downtown.

Only for pigeons in love did the stars shine that night; I know for I looked on as the love-birds gazed heartedly into the open sky, admiring how sweet twilight shone brighter upon them than it did I. At that moment I heard something unexpected, a heart yielding "Cooo", the kind that only a pigeon can do. They do speak the language of love, I know! I know! It sent tingles up and down through my body though the call was

not meant for me. The sight overwhelmed, I fainted.

When I came back from my trip in the black, the pigeons had gone away. How I long to hear that song, oh how I wish it would stay.

I bolted out of there. I became afraid because my new loving friends were now gone. They left the ledge and I no longer felt safe. I want to rise to the ledge, but I know I can't. I want to be a pigeon.

P.S. - Wanted: A caffeine serum that I can inject directly into my veins. I also need syringes. Oh yeah, this being the last article until January, I would like to thank anyone that has read and enjoyed my article. In a different way, I would like to thank anyone that has read and hated my article. It's all appreciated. Happy Holidays!!!

by Jane Djivré
Columnist

My Two Cents' Worth Enjoying the Holidays, the Frugal Way

Well, once again final exams are upon us. The evidence is everywhere, from chronic bad hair days to libraries with students cramming one term of work into one week of studying. Who can think of enjoying the holidays at a time like this, let alone enjoying them without going broke? It is possible. Try to be creative instead of settling for the old standards, and you will suddenly see the possibilities for savings.

1) Holiday Food — Okay, this may be tricky for those of you who want to eat well now, without having to go hungry later. Often the holidays brings couples and friends to fancy restaurants, making it easy to spend \$70.00 or more for a dinner for two. Why not be the chef and cut your food costs in half? Put in a little mood music and some candles, and presto, a true Christmas gift straight from the heart. Consider how impressed and surprised your friend/other half will be when they enjoy the fruits of your labour, knowing that you skillfully cultivated this divine cuisine expressly for them.

Another big no-no in the food department is throwing out leftovers. You may have done it at home, but

now it's your money going down the drain. Save evening leftovers for lunches the next day. You can also make your food dollar stretch by opting for the less expensive alternatives. For example, instead of buying the best cut of meat, marinate it. Stretch it further by cutting it into pieces to make two stir-fry meals. Boil the bones to make broth for soup. With seafood, instead of buying cocktail sauce, opt for the home-made version (inspired by L.U.'s cafeteria) of ketchup and horseradish. It may not sound appealing, but it tastes like the real thing.

2) Holiday presents — 'Tis the season to go broke, right? Wrong. Don't max your credit cards, hoping somehow you'll be able to pay the bills within your lifetime. Get creative! Buy a nice tin from the dollar store and fill it with your best baking efforts. Create personalized coupons which entitles another person to something that is meaningful to them, something requiring your time and efforts, maybe to help them do something that they never had time to do before. Whatever you do, don't be sucked into the concept that the almighty dollar is the only measure of love. Sometimes a simple gift with many

memories from time shared means more than receiving the latest gadget on the shelf. If you had parents who buy out of guilt, you know what I mean.

3) Holiday Entertainment — So, now that you have saved money on food and gifts, time to blow it on entertainment, right? Hold on a second before you gleefully spend your previous efforts away. Consider the alternatives. Now that we are in exams, what about using L.U.'s athletic facilities? Okay, I know I have heard some disgruntled students regarding the shape of the facilities, but consider that whether you use it or not, you are still paying for it through your fees. Wouldn't a nice sauna ease those pre-exam stresses? Mind you, there are other great things you can do at little or no cost, such as enjoying Sudbury's Bell Park and Lake Laurentian Conservation Area, and the Science North Festival of Christmas Lights. Well, not everyone may see these as great alternatives, but unfortunately, Sudbury's Travel Information Services were not able to give me any more ideas than that. So yet again, let your L.U. cranium expand to give rise to other fun, yet frugal, alternatives. And that's my two cents' worth.

Too! New

ANNOUNCING

New Too!



BLACK CAT ONE
"QUICK SHOP"

Lottery • Tobacco
Popcorn • Frozen Foods
Convenience Items
Int'l Videos

96 Durham Street
Sudbury, Ontario P3E 3M6
Canada
Phone 705-673-6717

FOR THAT SPECIAL
DAYTIME OR EVENING

GOOD CONVERSATION

TASTY TREATS
SPECIALTY COFFEES

OPEN 7 DAYS
MON-WED 8am - 9 pm
THURS-SAT 8am-11:30pm
SUNDAYS 10am-8pm

SPECIAL OCCASIONS
SMALL GROUPS
&
PARTIES WELCOME



BLACK CAT TOO!
INTERNATIONAL

Newspapers & Magazines
Canada & the World

Café Matou Noir Specialty Coffees,
Tarquhar's Ice Cream
Freshly Baked Pies

86 Durham Street
Sudbury, Ontario P3E 3M6
Canada
Phone 705-673-6718
Fax 705-671-1211
(Fax @ reasonable rates)

Patty Wagon and the law

by Phillip Hadley

Staff Writer

Though the Patty Wagon was banned from campus property close to a year ago, the debate continues. In the past few months between the covers of this paper, the debate was raging beyond control, spilling into conjecture, rumour and bad politics. The SGA, and President Mike Grube in particular, have been singled out as the bad guys in this whole mess; residence students have shouted their opinion; the SGA had ineffectively tried to make their point clear; and Bryson McCarthy ranted and raged about the Pub this and Mike Grube that.

Time to take a bit of a lesson in Canadian Law. The two types of liability which is of concern to the students and administration of our fine University are occupier liability and provider liability. A *provider*, is the person or group that provides the alcohol, i.e., the organizers of an event or the owner or owners of a pub or bar. An *occupier*, in this case Laurentian University, is responsible for the safety of its tenants, the residence students.

Last year, a couple of incidents, with respect to the Wagon, occurred on campus (occupiers liability), that raised the eyes of the Security and Safety Committee. Prudently, the Safety Committee sought legal counsel. Legal counsel informed the Committee that the University could be held strongly liable for injuries sustained by an intoxicated student. Based on legal opinion better than you or I could provide, the Committee decided to ban the bus, raising the anger of many a student. After further debate, the University brought in liability legal expert Robert Solomon to speak to the staff and students of Laurentian to clarify this issue. After listening to Mr. Solomon relate his legal experience and knowledge to the gathered parties, all but the most obstinate and ignorant could see that the issue should be put to rest. Alas, the ignorant and ill-informed continued to wail that the Patty Wagon should be allowed on campus.

Sohow could Laurentian University, or any other university, possibly be held accountable for the self-inflicted drunken stupidity of others? Easily, under occupiers liability. Under said law, Laurentian University must do everything in its reasonable power to ensure campus safety. Because of past incidents on campus, which was brought to the attention of the Safety Committee, if this bus was allowed to operate on campus, Laurentian would reasonably be seen by a court of law to condone this activity. How? The University, via the Security and Safety Committee, knew there was a history of the bus being a cause of trouble, yet the University took no corrective action. Therefore, in a court of law, Laurentian would be seen to condone this activity. Hello liability suits!

Residence students will now point out that incidents could occur on campus because of the Pub, so why don't we ban the Pub? As already stated, under occupier liability, and now provider liability, the University must do everything within its reasonable power to ensure campus safety. Therefore, the University has been taking action for quite some time to lessen the chances of an unfortunate accident from occurring, i.e., the Walkhome service and on campus people whose job is safety and protection such as campus security, proctors, and residence dons.

The SGA nor Mike Grube did not single handedly ban the bus. The SGA accounts for three votes out of a committee of thirty drawn from the AEF, GSA, ALPS, our university residences and members of staff departments. This committee doesn't have the final say. Indeed, this group, called the Advisory Committee on Security and Safety, must submit their recommendations to the vice-president of Administration for final enactment. I will point out that Mike Grube and the SGA did vote to ban the bus, and so they should have. After listening to more than one group of legal counsel give the same advice, how could they not? To decide otherwise would have been foolhardy.

Get in the Ring!

by Bryson McCarthy

Columnist

I was going to take a break after my challenges this first term until after Christmas break, but after reading the last few issues, I can't keep quiet anymore. There are a few things I would like to get off my chest, so bear with me.

The first thing I would like to say is that I am glad that there are more and more people expressing their opinions in the pages of Lambda. It was fun being the one and only for a while, but all these letters that have been published shows us that the voice of the mere student can be heard. I love some of the responses that have been printed as of late (especially to Payne Morgan) and I hope you guys keep it up. Now onto the business at hand.

Pub security seems to be the big issue and what's an issue without a write up in Get in the Ring? I agree that Pub security is a little overbearing. Just look at the comments made by the head of the pub; "if you find yourself being removed, don't resist!" (issue 11, page 3). This to me sounds more like a threat than a warning. I don't know how the harassment office feels about this quote, but to me and many who have read it, this is a threatening statement that makes us feel we would be safer elsewhere! The article went on how Mike Grube and the police "expressed their general approval with the way the pub is run." Fine, but they are not the ones who are in danger of being thrown out with force by one of the bouncers. I witnessed a 5'2" female literally thrown into a wall by a bouncer who probably outweighed her by at least 120 lbs just so a band could pass. Did the bouncer say excuse me? Of course not, they are the bouncers and we are just the patrons. Maybe there should be inquiries into the bouncers actions instead of just the actions of the patron.

Another thing I would like to see is the way in which a student can bring an appeal to the Pub. From

people I have talked to, the process is not very open for the student and is not clearly laid out. I may have this wrong, but I feel the students need to know their rights in these situations. Maybe Lambda and the Pub can write something that can clear this up for the student population.

One last thing about the Pub security...I commend you on throwing out the slam dancer at the Headstones concert. I was in attendance and saw this guy who was "thrown out of the pub for, well...dancing." (issue 11, pg. 5) As for the cry baby who was thrown out, the rest of us in attendance who wanted to enjoy the show without some drunk jack-ass running into us every two seconds were glad to see you go. You were out of line, and you clearly did not listen to the bouncer who told you to calm down a few times. I don't actually know what happened outside the Pub, but inside you were guilty. The bouncer did not use you as an example to "impress his friends", but to ensure the safety of the rest of the concert goers. I stand up for the students in this column, and your actions were out of line.

On to the Pit. Did anyone notice after all the bitching by me and the student population that they are actually doing more to make sure that we can park properly and with more room? I am glad that those of us who have to park in the Pit actually can get something done. Keep the complaints coming. We pay the money to park down there, so why isn't it kept up?

There is also the issue of the native memorial/apology stone thing in the middle of the pit. I didn't know it was even there until about a month ago. I wanted this clump of land removed for more parking, but after venturing up, reading the plaques, and reflecting for a few moments, I don't want it removed. I just want it kept up better by the university. The trees and shrubs and weeds grow up around it so high that you don't even know that it is there. This is an important piece of the university in my mind and it should be treated as such.



I don't have much information on this memorial, but I would love to do a feature story on it to bring the students to it. If anyone has any information on this, please contact Lambda and send whatever you can c/o Bryson McCarthy. I think this is a very important story that many will find interesting and informative (as well as uplifting).

I would like to also thank Mike Grube for responding and shedding some light on the subject of the Ralph's Bus issue. All I asked for was some answers and I am glad you saw fit to respond. Hopefully the students have a better understanding of the issue.

Last but not least, the issue of my true identity. For those of you who think you know, and those of you speculating who I actually am, you will never know! I don't think that I need a face to have some standing in this university. I am a voice that stands for the students. I have my facts and will stand by them. If I am proven wrong, then fine, at least you stepped up to the challenge. The students need a voice. They may not agree with me all the time, but I have my supporters on many subjects. I am not "to the left" or "entering from the right", I am coming in front and centre right in your face. I am not trying to cause trouble as much as I am trying to get answers to issues that the student population may be afraid to ask or just never thought they would have a chance to ask. My identity is not of importance. In all truth, Bryson McCarthy is an entity that exists in the minds of all students. And I, Bryson, will continue to rattle the cages, pull the plugs out of peoples ears and lay down the challenges because as I, and the population of the university knows, there is always someone who needs to Get In The Ring!

From Water to Wine ...Making a Difference

The 1998 Canadian Catholic Student Association
Central Region Conference
January 16, 17 & 18, 1998
Hosted by the University of Sudbury Community

Let us not only be water....
Let us become wine.... "Christ-like"
In an ocean of blended cultures and differences
Like Jesus we can make a difference
In all things big and small

For more information contact your chaplain
or feel free to call or email us at:

Anne Quesnelle
(705) 524-0549
s2100432@nickel.laurentian.ca

Ronald Perron, s.j.
(705) 673-5661

Just a
reminder:
There are 20
shopping
days left

until
Christmas!
Don't be
stuck doing
last minute
shopping.

If you have any
special events that you
would like
announced in Lambda
send them to SCE 301
before noon on
Mondays.

- Health Plan cards are here. Save 80% on prescription drugs. Also covers for athletic therapy through the Voyageur Athletic Therapy Clinic. Pick up your cards at the SGA office in the Student Centre, SCE212.
- FREE agenda books also available at the SGA office.
- T-shirts \$5.00 each. Great stocking stuffer.
- BOOK BUY BACK IS COMING IN JAN. Please drop off your books at the SGA or AEF offices before the holidays. You set your price on your books and we'll try and sell them for you.
- Cartes pour le plan d'ordonnances sont arrivées. Rabais de 80% sur les ordonnances. Aussi, vous avez accès à la thérapie sportive avec le clinique de Thérapie Sportive Voyageur.
- Agenda GRATUIT aussi disponible au bureau de l'AGE.
- Tee-shirts 5,00\$. Bonne idée pour les bas de Noël.
- RACHAT DE LIVRES aura lieu en janvier. Nous avons grand besoin de vos livres. SVP laissez vos livres au bureau de l'AEF ou à celui de l'AGE avant les fêtes. Vous fixez un prix pour vos livres et nous les vendons.

Merry Christmas and Best Wishes
for Happy Holidays.

Joyeux Noël et Meilleurs Voeux pour les fêtes.

Enter Stage Left:

Sudbury Fall Feels A Bit Like Prague Spring

by Todd Bosak
Contributor

As fall turned to winter this year in Sudbury, there was feeling in the air long absent. For the first time in a while, regular people felt that they could make a difference. As everyone knows, the Harris government is attempting to ram sweeping educational changes down the throats of Ontarians. This legislation isn't that different than many of the bills that the government has imposed upon all of us. It is like others, a bill designed to weaken services that we have all come to rely on so that a tax cut can be funded for our province's richest residents. Where this bill was and is different, is in the reaction that it garnered.

Bill 160 has created the largest backlash seen in the province of Ontario in my memory (and I'm kinda old!). Parents, teachers, students and all sorts of other people have engaged in protest for the first time in their lives. Mike Harris would like you to think that he is wrestling control of the education system from greedy unions. This is misleading for two reasons. First, I haven't met too many unions that I would call "greedy". Interested in furthering the goals of its membership maybe, interested in promoting social justice for all member of society, usually, but definitely not greedy. Secondly, the Premier is not so much trying to remove who has the say in the way that the system is run from the teachers' union as much as he is trying to take the power away from you and I. This legislation is directly tied to the Fewer School Boards Act as well as being tied to the downloading of services to the municipalities in exchange for provincial control of education. Sudburians know what's best for students in the Sudbury basin, not some bureaucrat from down south.

The public uproar against Bill 160 may not result in its immediate defeat. A majority government is pretty hard to stop when it puts its mind to something. What it has done, though, is put in place alliances that will defeat this government. When we get the opportunity to vote in the province of Ontario, it will be a sad day in North Bay for the cabana boys of the banks and corporations that call themselves Tories. BRING IT ON, MIKE, I can't wait for the day.

Tales From The Right

Why Has The Liberal Government Forsaken Us?

by Andrew Van Oosten
Contributor

As Canadians we expect the Government to provide and *create* jobs, to *guarantee* quality health care and education, and to make our streets *safer* and our justice system more *equal* and *fair*. Why then are Liberal policies not creating jobs? Approximately **1.5 million** Canadians are out of work. Real disposable income for Canadian Families is falling as federal taxes have increased **40 times** since 1993. We, the youth of Canada are beginning to lose hope: we may be the first generation to have a lower standard of living than our parents as youth employment is around **17%**. Since taking office the Liberal government has cut health care and education by **40%** but government program spending by only **2%** (over **\$6 billion** has been cut so far). The Liberals have ignored the increasing problem of **violent crime**; they have refused to put in place the tough measures needed against **young offenders**; they passed **Bill C-68** which punishes law abiding citizens while letting armed criminals go free; they have tolerated early parole for **violent offenders**; and they have allowed first degree **murderers** to seek **parole**.

Isn't it amusing that the provincial government (the Mike Harris Tories) is getting blamed for the problems the federal government (the Jean Cr tien Liberals) is creating. Well I suppose if Dalton McGuinty says the Conservatives aren't doing a good job, then it must be so???

Fall 1997 News in Review

by Norman Shields
News Editor

In September, LU launched Phase II of its Capital Campaign aimed at "building for tomorrow". The specific proposals for the second phase of the campaign are to upgrade the university's computer system (including "smart" classrooms), a Mining Innovation Centre, a Centre for Ecosystem Management, an Institute of Forensic Evidence and Research (known as LIFER), an amphitheatre at Huntington, an auditorium at Thomeloe, a Research Centre for the Humanities and the continuance of the Ethics Project at the University of Sudbury.

On September 19, Dr. Leonard Horowitz gave a lecture in Sudbury on the origins of some of the deadly viruses attacking humanity, in particular AIDS and Ebola. Philip Hadley reviewed the lecture in the September 25 edition of Lambda.

Early in October, Lambda reported that the new Founder's Square would be complete, minus the "student caf ", by the end of the month at a cost of about \$200,000. The project ended up running into November and the Oval was also omitted for the time being.

In mid-October, Mr. Hadley reported on the addition of Dr. Louis Mercier to LU's science faculty. Dr. Mercier is a "proven researcher" and expert in the field of "mesoporous materials". The professor believes that his discoveries will be of particular value in environmental reclamation projects.

October also saw the announcement by Wayne Poirier, Ontario Chairperson for the CFS, that

the federal government is once again considering ICLRP's for students. It has been recently discovered that the Plan has little support among nine of Canada's provincial premiers. Only Mike Harris is still considering the move.

LU's admissions numbers were revealed in early November. LU has suffered a decrease of 458 full and part-time students from the 1996-1997 academic year. Administration were quick to point out, however, that LU is continuing to attract some of the brightest students in Ontario, holding up Nelson Eng as a prime example.

Ovide Mercredi delivered the keynote address for Native Awareness Week in early November. Mr. Mercredi spoke of the separate historical journeys of Native and non-Native Canadians. He stated that the two peoples must develop a "common vision" if they are to live amicably and peacefully in Canada. He warned Canadians to beware of "equality" language that has once again become popular amongst certain political parties.

LUSS, LU's Engineering Society, donated their time and labour to construct a playground at the Big Nickel/Science North tourist attraction. A team of fifteen engineering volunteers erected the pre-fabricated playground.

When Mike Harris visited Sudbury for a fund-raising dinner at the Four Points Hotel in mid-November, the teacher's strike was already well underway. He was greeted by a throng of demonstrators seldom seen in Sudbury.

The Best Deal in Student Travel ...

VIA Rail™ has always been the best deal in student travel — with comfort, convenience, and service. PLUS 40% off any economy seat, anywhere, any time when you show your ISIC. It's no wonder thousands of Canadian students are taking the train.

Well, that deal ...

... just got better!



www.viarail.ca

Here are some sample fares:

FROM SUDBURY TO	Student Fare (one way)	VIA 6 Pak (one trip)	Total 6 Pak Savings (on six trips)
Montr�al	\$ 91.16	\$ 76.35	\$ 88.86
Ottawa	80.25	67.41	77.04
Toronto	43.87	36.38	44.94
Kingston	66.34	55.64	64.20
Windsor	74.90	63.13	70.62
London	60.99	51.36	57.78

The above prices include taxes, a discount of 40% off the regular VIA economy fare for the "student fare", and 50% off for the "6 pak" based on a 6-trip purchase. A valid ISIC is required. Fares are subject to change without notice and certain restrictions may apply.



ISIC stands for the International Student Identity Card and is issued at select VIA Rail stations and student travel agencies.

It's called the VIA 6 Pak.™ You will **SAVE 50%**

when you buy 6 trips (3 round-trips) between the same

2 places (say, home and school) and show your ISIC.

PLUS, for a limited time, with your VIA 6 Pak, you will

get a **FREE** 15-minute long distance offer along with

6 other great deals on food, clothing, music, and

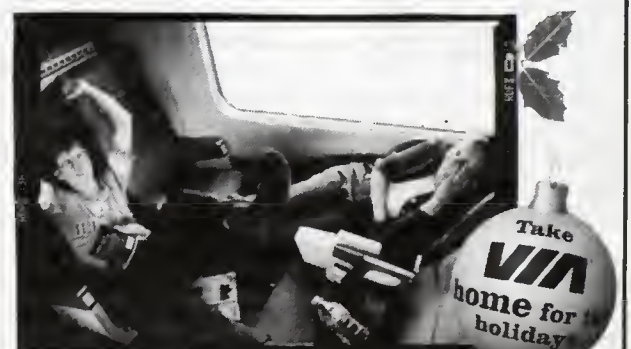
more ... including awesome savings on the popular

CANRAILPASS. For complete details, contact

your nearest travel agent or VIA Rail at

1-800-361-1235.

Certain restrictions may apply.



available at

TRAVEL CUTS
VOYAGES CAMPUS

The Student Travel Experts

New Student Center, Room SCE-234
673-1401

www.travelcuts.com

DECEMBER - 1997 - DÉCEMBRE

8 **LAMBDA** • Volume 36 Issue 12/ Numéro 12

EXAM SCHEDULE

Thursday, December 4, 1997 / le jeudi 4 décembre 1997

EXAMINATION SCHEDULE - HORAIRE DES EXAMENS

DECEMBER - 1997 - DÉCEMBRE

JURI 1105 E A Thursday	December 11	19:00	NURS 4035 E A Wednesday	December 10	19:00	PSYC 3206 F A mardi	décembre 09	19:00
JURI 1105 E B Thursday	December 11	19:00	NURS 4125 E A Wednesday	December 10	19:00	PSYC 3256 E A Saturday	December 13	14:00
JURI 1105 E C Thursday	December 11	19:00	NURS 4135 E A Wednesday	December 10	19:00	PSYC 3256 F A jeudi	décembre 11	14:00
JURI 2106 E A Monday	December 15	09:00	NURS 4526 E A Friday	December 12	14:00	PSYC 3306 E A Tuesday	December 09	14:00
JURI 2106 F A vendredi	décembre 12	14:00	NURS 4535 E A Thursday	December 11	14:00	PSYC 3506 E A Tuesday	December 09	14:00
JURI 2126 E A Saturday	December 13	14:00				PSYC 3605 E B Thursday	December 11	19:00
JURI 2306 F A mardi	décembre 09	14:00	PHED 2116 E A Wednesday	December 10	09:00	PSYC 3705 E A Monday	December 15	14:00
JURI 3206 E A Tuesday	December 09	19:00	PHED 2506 E A Monday	December 08	14:00	PSYC 3805 E A Tuesday	December 16	09:00
JURI 3206 F A mardi	décembre 09	09:00	PHED 3106 E A Wednesday	December 10	19:00	PSYC 4005 E A Monday	December 08	19:00
JURI 3505 E A Wednesday	December 10	14:00	PHED 3505 E A Monday	December 15	14:00	PSYC 4005 F A mardi	décembre 09	09:00
JURI 3706 E A Tuesday	December 16	09:00	PHED 4107 E A Wednesday	December 10	19:00	PSYC 4026 E A Wednesday	December 10	19:00
JURI 3816 F A mercredi	décembre 17	09:00	PHED 4126 E A Wednesday	December 17	14:00	PSYC 4205 F A vendredi	décembre 12	14:00
JURI 3836 F A mardi	décembre 16	19:00				PSYC 4706 E A Monday	December 08	19:00
JURI 4285 F A mardi	décembre 09	19:00	PHIL 1115 E A Wednesday	December 10	09:00	PSYC 4707 E A Wednesday	December 10	19:00
JURI 4816 F A mercredi	décembre 17	09:00	PHIL 1115 E B Saturday	December 13	14:00			
JURI 4836 E A Tuesday	December 16	19:00	PHIL 2505 E A Tuesday	December 09	19:00	RLST 1105 E A Tuesday	December 16	19:00
JURI 4836 F A mardi	décembre 16	19:00	PHIL 2505 F A mercredi	décembre 10	19:00	RLST 2115 E A Thursday	December 11	19:00
			PHIL 2626 E A Tuesday	December 09	19:00	RLST 2136 E A Tuesday	December 09	19:00
			PHIL 2726 E A Friday	December 12	14:00	RLST 2166 E A Saturday	December 13	14:00
MATH 1036 E A Tuesday	December 09	09:00				RLST 2355 E A Monday	December 08	14:00
MATH 1036 F A mardi	décembre 09	09:00	PHYS 1006 E A Friday	December 12	09:00	RLST 3195 E A Monday	December 08	14:00
MATH 1057 E A Thursday	December 11	14:00	PHYS 1006 F A vendredi	décembre 12	09:00	RLST 3306 E A Monday	December 08	14:00
MATH 1057 F A jeudi	décembre 11	14:00	PHYS 1206 E A Wednesday	December 17	09:00	RLST 3327 E A Tuesday	December 09	19:00
MATH 1911 E A Monday	December 15	09:00	PHYS 1206 F A mercredi	décembre 17	09:00			
MATH 2056 E A Wednesday	December 17	14:00	PHYS 1801 E A Thursday	December 11	14:00	SCIN 1506 F A vendredi	décembre 12	14:00
MATH 2066 E A Tuesday	December 09	09:00	PHYS 1905 E A Tuesday	December 09	19:00	SCIN 2255 F A vendredi	décembre 12	14:00
MATH 2066 F A mardi	décembre 09	09:00	PHYS 2017 E A Saturday	December 13	09:00	SCIN 2265 F A mardi	décembre 09	14:00
MATH 2261 E A Saturday	December 13	14:00	PHYS 2137 E A Monday	December 08	19:00	SCIN 3365 F A mercredi	décembre 10	14:00
MATH 3036 E A Saturday	December 13	09:00	PHYS 2137 F A lundi	décembre 08	19:00	SCIN 3385 F A vendredi	décembre 12	14:00
MATH 3036 F A samedi	décembre 13	09:00	PHYS 2406 E A Tuesday	December 16	14:00			
MATH 3236 E A Monday	December 15	09:00	PHYS 2606 E A Friday	December 12	09:00	SOCI 2006 E A Monday	December 15	09:00
MATH 3416 E A Tuesday	December 09	19:00	PHYS 2606 F A vendredi	décembre 12	09:00	SOCI 2026 E A Wednesday	December 10	19:00
MATH 4067 E A Tuesday	December 16	09:00	PHYS 2876 E A Wednesday	December 17	14:00	SOCI 2086 E A Tuesday	December 09	19:00
MATH 4166 E A Tuesday	December 09	14:00	PHYS 3416 E A Friday	December 12	09:00	SOCI 2086 F A lundi	décembre 15	19:00
			PHYS 4426 E A Monday	December 15	09:00	SOCI 2126 F A jeudi	décembre 11	14:00
MUSC 1015 E A Monday	December 15	09:00	PHYS 4467 E A Monday	December 08	14:00	SOCI 2626 E A Tuesday	December 16	09:00
MUSC 1021 E A Wednesday	December 10	19:00	PHYS 5506 E A Thursday	December 11	09:00	SOCI 3016 E A Tuesday	December 09	14:00
MUSC 1101 E A Monday	December 08	19:00	PHYS 5607 E A Tuesday	December 09	14:00	SOCI 3126 E A Monday	December 08	19:00
MUSC 1115 E A Monday	December 08	14:00				SOCI 3196 E A Monday	December 15	19:00
MUSC 2007 E A Thursday	December 11	19:00	POLI 2126 F A jeudi	décembre 11	09:00	SOCI 3226 E A Thursday	December 11	19:00
MUSC 2056 E A Tuesday	December 16	09:00	POLI 2405 E A Wednesday	December 17	09:00			
MUSC 2115 E A Monday	December 08	09:00	POLI 3105 E A Tuesday	December 09	09:00	SPAD 1016 E A Wednesday	December 10	09:00
MUSC 2126 E A Tuesday	December 09	19:00	POLI 3707 F A mardi	décembre 09	19:00	SREL 2186 F A jeudi	décembre 11	09:00
MUSC 2275 E A Monday	December 08	19:00	POLI 3716 E A Thursday	December 11	19:00	SREL 2416 F A lundi	décembre 08	19:00
MUSC 4526 E A Wednesday	December 10	19:00						
			PSYC 1105 E C Wednesday	December 17	14:00	SWLF 2105 E A Tuesday	December 09	19:00
NATI 1015 E A Saturday	December 13	14:00	PSYC 2005 E A Friday	December 12	14:00	SWLF 3106 E A Wednesday	December 10	19:00
NATI 3105 E A Tuesday	December 09	09:00	PSYC 2005 F A mercredi	décembre 10	19:00			
NATI 3117 E A Friday	December 12	19:00	PSYC 2126 E A Wednesday	December 17	14:00	THEA 2356 E A Tuesday	December 09	19:00
			PSYC 2126 E B Wednesday	December 17	14:00	THEA 2357 E A Monday	December 08	19:00
NURS 1006 E A Monday	December 15	14:00	PSYC 2126 F A jeudi	décembre 11	19:00			
NURS 2084 E A Monday	December 15	09:00	PSYC 2606 E A Tuesday	December 16	09:00	WOMN 2106 E A Wednesday	December 17	09:00
NURS 2276 E A Tuesday	December 09	14:00	PSYC 2706 E A Monday	December 08	09:00	WOMN 2357 E A Monday	December 08	09:00
NURS 2286 E A Thursday	December 11	14:00	PSYC 2707 E A Thursday	December 11	09:00			
NURS 3316 E A Wednesday	December 17	09:00	PSYC 2905 E A Wednesday	December 10	14:00			
NURS 3355 E A Monday	December 08	14:00	PSYC 3206 E A Tuesday	December 16	19:00			
NURS 4025 E A Wednesday	December 10	19:00						

All examinations will be held in the Gymnasium at the Benjamin F. Avery Physical Education Centre, except Music examinations which will be held at Huntington University.

Les examens auront lieu dans le gymnase du Centre d'éducation physique, Benjamin F. Avery, sauf les examens de Musique qui auront lieu à l'Université Huntington.

- * MUSC 1401 E
- * MUSC 1406 E
- * MUSC 2406 E
- * MUSC 3406 E
- * MUSC 4406 E

* Contact the Department of Music for examination date and time.

* Veuillez contacter le département de musique pour la date et l'heure des examens.

O Come, All Ye God Rest You Away in a Manger Merry, Gentlemen Faithful

Frederick Oakley (translation from Latin)

O come, all ye faithful,
Joyful and triumphant,
O come ye, O come ye to
Bethlehem;
Come and behold Him,
Born the King of Angels;

*O come, let us adore Him,
O come, let us adore Him,
O come, let us adore Him,
Christ, the Lord.*

God of God,
Light of Light,
Lo, He abhors not the Virgin's womb.
Very God,
Begotten, not created:

O Come...

Sing, choirs of Angels,
Sing in exultation,
Sing, all ye citizens of heaven
above,
Glory to God
In the highest.

O Come...

Yea, Lord, we greet Thee,
Born this happy morning.
Jesus, to Thee be glory given;
Word of the Father,
Now in the flesh appearing:

*O Come, let us adore Him,
O Come, let us adore Him,
O Come, let us adore Him,
Christ, the Lord.*

God rest you merry, gentlemen,
Let nothing you dismay,
Remember Christ our Saviour
Was born on Christmas Day,
To save us all from Satan's
power
When we were gone astray;

*O tidings of comfort and joy,
comfort and joy,
O tidings of comfort and joy.*

In Bethlehem, In Jewry,
This blessed Babe was born,
And laid within a manger,
Upon this blessed morn;
The which His Mother Mary
Did nothing take in scorn.

*O tidings of comfort and joy,
comfort and joy,
O tidings of comfort and joy.*

From God our Heavenly Father
A blessed angel came;
And unto certain shepherds
Brought tidings of the same:
How that in Bethlehem was
born
The Son of God by Name.

*O tidings of comfort and joy,
comfort and joy,
O tidings of comfort and joy.*



Away in a manger, no crib for
a bed,
The little Lord Jesus laid down
his sweet head;
The stars in the bright sky
looked down where he lay,
The little Lord Jesus asleep on
the hay.

The cattle are lowing, the baby
awakes;
But little Lord Jesus, no crying
he makes;
I love thee, Lord Jesus! Look
down from the sky,
And stray by my bedside till
morning is nigh.

Be near me, Lord Jesus, I ask
thee to stay
Close by me for ever, and love
me, I pray:
Bless all the dear children in
thy tender care,
And fit us for Heaven to live
with thee there.

Silent Night

Silent Night, holy night,
All is calm, all is bright;
Round yon virgin mother and
Child,
Holy Infant so tender and mild,
Sleep in heavenly peace, (bis)

Silent Night, holy night,
Shepherds quake at the sight;
Glories stream from heaven
afar,
Heavenly hosts sing Alleluia:
Christ the Saviour is born! (bis)

Hark! The Herald Angels Sing The First Noël

Hark! the herald Angels sing,
Glory to the new-born King
Peace on earth and mercy mild,
God and sinner reconcil'd

*Hark! the herald Angels sing
Glory to the new-born King.*

Joyful all ye nations rise,
Join the triumph of the skies,
With the angelic host proclaim,
Christ is born in Bethlehem.

Hark! the herald...

Christ by highest Heaven
ador'd,
Christ the everlasting Lord!
Late in time behold him come,
Offspring of a Virgin's womb.

Hark! the herald...

Hail the Heaven-born Prince
of Peace!
Hail the Sun of Righteousness!
Light and life to all he brings,
Risen with healing in his wings.

Hark! the herald...

Mild he lays his glory by,
Born that man no more may
die,
Born to raise the sons of earth,
Born to give them second birth.

*Hark! the herald Angels sing,
Glory to the new-born King.*

The first Noël the Angel did
say
Was to certain poor shepherds
in fields as they lay:
In fields where they lay keep-
ing their sheep,
On a cold winter's night that
was so deep.

*Noël, Noël, Noël, Noël,
Born is the King of Israel.*

They looked up and saw a star,
Shining in the east, beyond
them far,
And to the earth it gave great
light,
And so it continued both day
and night:

And by the light of that same
star,
Three Wise Men came from
country far,
To seek for a king was their
intent,
And to follow the star wher-
ever it went:

This star drew nigh to the north-
west,
O'er Bethlehem it took its rest,
And there it did both stop and
stay,
Right over the place where Je-
sus lay.

Then entered in those Wise
Men three,
Full reverently upon their knee,
And offered there, in his pres-
ence,
Their gold and myrrh and frank-
incense:

Maoz Tzur (Rock of Ages)

Rock of Ages let our song
Praise Thy saving power;
Thou amidst the raging foes
Wast our shelt'ring tower.
Furious they assailed us,
But Thine arm availed us,
And Thy word broke their sword
When our own strength failed us.

And Thy word broke their sword
When our own strength failed us.

Children's Hanukkah Candle Lighting Song

(to Rock of Ages)
by Malvine P. Hoenig

Let's be happy, let us cheer,
Hanukkah again is here.
All the lights are shining bright,
Isn't it a lovely sight?

You know these light remind us
Of the time long, long ago,
When God caused one, tiny light,
For eight long days to shine so
bright.

Hannukah

Hanukah, Hanukah, hag yafeh kol
kakh,
Or haviv misaviv, gil layeled rakh.
Hanukah, Hanukah, savivon sov, sov,
Sov, sov, sov, sov, sov, ma naim
vatov

Hanukah, Hanukah, en halon be'li
esh,
Levivot, migdanot, bekho bayit yesh.
Hanukah, Hanukah, hag haviv meod.
Shiru na, zamru na utzeu lirkod

Mi Yemalel? (Who Can Retell?)

Who can retell the things that befell
us?
Who can count them?
In ev'ry age, a hero or sage came to
our aid! (bis)

Hark! In days of yore, in Israel's
ancient land,
Brave Macabeus led the faithful band.

But now all Israel must as one arise.
Redeem itself thru deed and sacrifice.

According to Rabbi Michael Strassfeld, the impetus for
celebrating Hanukkah has changed over time. At first, it was a
reminder of the victory of the Macabees against the Greeks. The
shift in emphasis to the miracle of the oil - a day's worth burned
for eight days - Strassfeld attributes to the Hasmonaean dynasty.

Rabbi Strassfeld says that Hanukkah in America has been
further influenced by Christmas. Although the giving of *gelt* is
an old tradition, the Rabbi says that in America it has become an
intrinsic part of Hanukkah. He says that Hanukkah now has
"more significance in the festival cycle than it has had in the
past," and that it is more important to American Jewish families
than other Biblical holidays, such as Sukkot and Shavuot.

There are several popular traditions associated to Hanukkah.
As a reminder of the miracle of the oil, family members are
encouraged to eat oily foods such as doughnuts, pancakes and
latkes. The *Menorah* is the nine-stemmed candelabra that, again,
commemorates the miracle of the oil. On the first day of
Hanukkah, the *shamash*, the servant light, is lit along with the
first of the eight remaining lights. An additional light is lit on
each of the next seven days of Hanukkah, drawing the flame from
the *shamash*. Cotton wicks and olive oil are preferred, but
substitutes are acceptable. The game *dreidel* - a type of spinning
top with Yiddish letters inscribed on it - was probably invented
because work by the light of the *Menorah* was not permitted.

Eighteen ways to spell Hanukkah in English: Hanukkah,
Channuka, Channukah, Chanuka, Chanukah, Chanuko, Hannuka,
Hannukah, Hanuka, Hanukah, Kanukkah, Khannuka, Khannuka,
Khannukah, Khanuka, Khanukah, Khanukkah, and Xanuka.

Yingelehs, Maidelehs (to Jingle Bells)

by Phyllis M. LaVietes

Yingelehs, maidelehs, it is Chanukah,
Oh what fun it is to light the 8-
branched menorah!
Yingelehs, maidelehs, dreidel we
shall play,
Oh what fun - where will it land? On
Nun? Shin? Gimme! Hay?

Taste those latkes hot, delicious as a
dream,
Great with applesauce or even sour
cream!
Pure oil there was enough for only
one short night,
But instead for 8 full days it lasted
and burned bright!
So...

Yingelehs, maidelehs, it is Chanukah,
Oh what fun it is to light the 8-
branched menorah!
Yingelehs, maidelehs, dreidel we
shall play,
Oh what fun - where will it land? On
Nun? Shin? Gimme! Hay?

Petit papa Noël

Refrain

Petit papa Noël
Quand tu descendras du ciel
Avec des jouets par milliers,
N'oublie pas mon petit soulier

C'est la belle nuit de Noël;
Les enfants vont faire dodo

Et les yeux levés vers le ciel,
À genoux les petits enfants.
Avant de fermer les paupières,
Font une dernière prière.

Refrain

Mais avant de partir
Il faudra bien te couvrir.
Dehors, tu vas avoir si froid;
C'est un peu à cause de moi.

Il me tarde tant que le jour se lève
Pour voir si tu m'as apporté
Tous les beaux joujoux
Que je vois en rêve
Et que je t'ai commandés.

Refrain



L'enfant au tambour

par Davis, Onorati, Simeone

Sur la route
Pa ram pam pam pam
Petit tambour s'en va
Pa ram pam pam pam
Il sent son coeur qui bat
Pa ram pam pam pam
Au rythme de ses pas
Pa ram pam pam pam
Ram pam pam pam
Ram pam pam pam
Ô! Petit enfant
Pa ram pam pam pam
Où vas-tu?

Vers mon Père
Pa ram pam pam pam
Petit tambour s'en va
Pa ram pam pam pam
Le tambour des soldats
Pa ram pam pam pam
Ram pam pam pam
Ram pam pam pam
Là je veux donner pour son retour
Mon tambour.

Tous les anges
Pa ram pam pam pam
Ont pris leurs beaux tambours
Pa ram pam pam pam
Et ont dit à l'enfant
Pa ram pam pam pam
Ton père est de retour
Pa ram pam pam pam
Ram pam pam pam
Ram pam pam pam
Et l'enfant s'éveille
Pa ram pam pam pam
Sur son tambour

Minuit! Chrétiens

Minuit! Chrétiens,
C'est l'heure solennelle
Où l'homme Dieu descendit
jusqu'à nous,
Pour effacer la tache originelle
Et de son Père arrêter le courroux:

Le monde entier tressaille
d'espérance
À cette nuit qui lui donne un Sauveur
Peuple, à genoux
Attends ta délivrance,
Noël! Noël! voici le Rédempteur!
Noël! Noël! voici le Rédempteur!

De notre foi que la lumière ardente
Nous guide tous au berceau de l'Enfant,
Comme autrefois, une étoile brillante
Y conduisit les chefs de l'Orient
Le Roi des rois naît dans une humble crèche;
Puissants du jour liers de votre grandeur,
À votre orgueil
C'est de là qu'un Dieu prêche;

Courbez vos fronts devant le Rédempteur!
Courbez vos fronts devant le Rédempteur!



Dans cette étable Mon beau sapin

paroles par Fléchier

Dans cette étable,
Que Jésus est charmant!
Qu'il est aimable
Dans son abaissement.
Que d'attraits à la fois!
Tous les palais des rois
N'ont rien de comparable
Aux beautés que je vois
Dans cette étable.

Que sa puissance
Paraît bien en ce jour,
Malgré l'enfance
Où le réduit l'amour!
Le monde racheté
Et tout l'enfer dompté
Font avoir qu'à sa naissance
Rien n'est si redouté
Que sa puissance.

Touchant mystère!
Jésus souffrant pour nous,
D'un Dieu sévère
Apaise le courroux.
Du testament nouveau
Il est le doux agneau:
Il doit sauver la terre,
Portant notre fardeau.
Touchant mystère!

Ah! Je vous aime!
Vous vous cachez en vain,
Beauté suprême,
Jésus, Enfant Divin!
Vous êtes à mes yeux
Le puissant roi des cieux,
Le fils de Dieu lui-même
Descendu dans ces lieux:
Ah! Je vous aime!

Mon beau sapin, roi des forêts,
Que j'aime ta verdure!
Quand par l'hiver bois et guérets
Sont dépouillés de leurs attraits,
Mon beau sapin, roi des forêts,
Tu gardes ta parure.

Toi que Noël planta chez nous
Au saint anniversaire,
Joli sapin, comme ils sont doux
Et tes bonbons et tes joujoux,
Toi que Noël planta chez nous
Par les mains de ma mère.

Mon beau sapin, tes verts sommets
Et leur fidèle ombrage,
De la foi qui ne ment jamais,
De la constance et de la paix,
Mon beau sapin, tes verts sommets
M'offrent la douce image.

Les Anges dans nos Campagnes

Les anges dans nos campagnes
Ont entonné l'hymne des cieux,
Et l'écho de nos montagnes
Redit ce chant mélodieux;

Gloria in excelsis Deo! (bis)

Bergers, pour qui cette fête?
Quel est l'objet de tous ces chants?
Quel vainqueur ou quel prophète
Mérite des chœurs triomphants?

Hannukah Harry's Coming to Town (to Santa Claus is Coming to Town)

by Phyllis M. LaVieles

You better watch out, you better not kvetch,
Because if you do, you're gonna get petch -
Hannukah Harry's coming to town.

He's making a list, achat shtayim,
Of who will end up in Yerushalayim -
Hannukah Harry's coming to town.

He sees you when you say Shema
And when you start your day,
He knows if you've been bad or good
So be good, or else Oy Vey!

You better watch out, you better not kvetch,
Because if you do, you're gonna get petch -
Hanukkah Harry's coming to town.

Ema Jacobson's Potato Latkes

3 Large Potatoes, peeled and grated into ice water
1/4 cup grated onion
1/4 cup egg substitute
1/2 tsp. salt & pepper to taste
1/4 tsp. baking powder
3 Tbsp. matza meal

In a tea towel, squeeze out excess moisture from potato. Place in a mixing bowl with onion and egg substitute and mix well.

In a small bowl, combine dry ingredients. Slowly add to potato mixture, beating very well. Drop by tablespoons onto hot, lightly oiled or vegetable oil-sprayed skillet. Cook on one side until well-browned; turn over and brown other side.

Serve with nonfat sour cream or yogurt, apple sauce or pear chutney.

Source: www.chanukah.com

Chanukah Donuts (Sufganiot)

2 1/2 cups flour
2 cups hot milk
2 pkg. dry yeast
1/4 cup lukewarm milk
6 egg yolks
2/3 cup sugar
1 tsp. vanilla
1 rind of lemon or orange
1/2 cup butter
jam for filling
oil for frying
icing sugar

Sift one cup of flour into the hot milk and beat until smooth, then allow to cool. Dissolve the yeast in the lukewarm milk, add to the flour mixture, and set aside for about half an hour. Mix the egg yolks and sugar with the vanilla and rind, and add to the dough. Add the remaining flour and the butter and knead. Allow to rise until double in bulk (about 45 minutes). Roll out on a floured board to a thickness of 1/2 inch, and cut into rounds. Put a teaspoon of jam in the center of one round, and cover it with another round. Press the edges together and allow to rise again in a warm place. Fry in hot oil, drain, and dust with icing sugar.

Source: "The Israeli Cookbook", Molly Lyons Bar-David



Dear Dharma

Dear Dharma: I don't know what I should get my girlfriend for Christmas. We met in rez and have been seeing each other for about three months come Christmas. I am supposed to go see her family on Boxing Day and I know she is going to get me something big. What should I get her?

Confused

Dear Confused: If you have only been going out with her for about three months, then you don't have to get her something too big. Just something small and sweet. Maybe something that will have meaning behind it, or something that will remind her of a special time you two spent together. If you are going to go to her house and meet her family, don't go empty handed. Pick up some chocolates or something basic for her family so you don't look like some cheap ass. Remember, your relationship isn't even as long as one semester yet, so take it easy on the Christmas spending.

Dear Dharma: I want to get something sexy for my girlfriend for Christmas, but I don't know what she would like. I don't want to have to spend too much time in La Senza just in case someone sees me! Can you tell me what she would like?

Horn E.

Dear Horn E: My advise to you is to buy her something that you think would look good on her. Many females don't like lingerie very much, but will wear it for their boyfriends once in a while. When you say you want to buy her something sexy for Christmas, what you really mean is you want to buy something for her too wear for you. The gift is more for you then her, so get something you think she would look good in. Just make sure it isn't something that is too elaborate with strings that go places they shouldn't. Two other things to remember is that when you give lingerie, always include a gift that is for her and her alone since this is more of a selfish gift for you. Also, never give lingerie in front of a girl's parents. Mine freaked out on my ex-boyfriend. Parents don't want to imagine their daughter in something sleek and sexy!

Dear Dharma: My girlfriend wants me to go skiing with her over the X-mas break. We will be gone from December 26 - January 2. I would love to go on the trip, but my friends are having a great big New Year's party and I promised them I would be there. I want to go skiing, it would be really cool, but a lot of my friends will be at the party that I haven't seen for a long time. What should I do?

Split Persona

Dear Split: You are going to have to make up your mind; friends or significant other? I think both your friends and girlfriend would be understanding if you chose one over the other. If you could swing it, maybe go skiing, and come home for New Year's. Your girlfriend will probably think this was a good idea. If she wants to stay skiing for New Year's, then that is her decision just like it is your decision to stay or go. If she doesn't understand, then your relationship isn't as strong as you may think! Don't cave in from pressure from either side, make up your own mind.

Dear Dharma: You're a flake! Where do you get off giving advice to people you don't even know? You cut down men left and right and have no real use in this paper! It is obvious that there are some pretty pathetic people in this school if they have to come to you for advice on their lives. Here is my problem.... there is this really annoying columnist in Lambda, how do I get rid of this person?

Bryson McCarthy

Dear Bryson: Ooh, it's the almighty Mr. McCarthy! The really annoying columnist is you Bryson! Get in the Ring is just a close-minded weekly rant about nothing. You have no real use to the readers of this paper. Many people like to hear another persons advice on problems. You wouldn't know that since you are a close-minded pig just like Payne Morgan! At least my column is full of advice, not very one-sided views of a world you probably see through beer goggles. I hoped you would come to me for advice some day so I could tell you to grow up. I think you have some major issues to face before you should ever be let loose on society! Get in the Ring? Step into the real world looser!

Exam Joke!

It was the final day of examinations for the first year English course at Laurentian. Like many of the first year courses, this one was designed to weed out new students from coming back for second year. The exam was two hours long and exam booklets were provided. The professor was very strict and told the class that any exam that was not on his desk in exactly two hours would not be accepted and the student would fail.

1/2 hour into the exam, a student came rushing in and asked the professor for an exam booklet. "You're not going to have enough time to finish this," the professor stated sarcastically handing the booklet to the student.

"Yes I will," replied the student. He then took a seat and started writing.

After two hours the professor stood up and called for the exams to be handed in. All the students handed their exams in except for the late student. 1/2 hour later he approached the professor's desk and attempted to place the exam on top of the stack of finished exam booklets.

"Oh no you don't," said the professor. "I'm not going to accept that. It's late!"

"Do you know who I am?" asked the pissed off student.

"No, as a matter of fact, I don't," replied the professor very sarcastically.

"DO YOU KNOW WHO I AM?" asked the student once again.

"No, and I really don't care!" replied the professor with an air of superiority.

"Good," replied the student, who quickly lifted the stack of completed exams, stuffed his in the middle of the stack, and walked out of the exam room laughing.

THE WINNERS OF THE MOTHER OF ALL ENTERTAINMENT TRIVIAS ARE:

PACKAGE 1 - JENNIFER CYR

PACKAGE 2 - GABRIELLE BALAINONY

PACKAGE 3 - JULIE BROCKLEBANK

PACKAGE 4 - JIM KIM

PACKAGE 5 - PETER WILURA

STARTING IN JANUARY THE ENTERTAINMENT TRIVIA WILL BE BACK WITH MORE CDS, PLUS MOVIE MERCHANDISE AND MAYBE EVEN SOME CONCERT TICKETS!

The Age Old Question

How many Cambrian students does it take to change a lightbulb?

- Only one, but he gets a masters degree for it.

How many Lakehead students does it take to change a lightbulb?

- None - Thunder Bay doesn't have electricity yet!

How many U of T students does it take to change a lightbulb?

- Two. One to change the lightbulb and one to crack under the pressure.

How many Queen's students does it take to change a lightbulb?

- One. He holds the bulb and the world revolves around him.

How many Waterloo students does it take to change a lightbulb?

- Five. One to design the nuclear powered one that will never burn out, one to figure out how to power the whole university with the nuked bulb, two to install it, and one to write the computer program that controls the wall switch.

How many Trent students does it take to change a lightbulb?

- Eleven. One to screw it in and ten to support its sexual orientation.

How many Western students does it take to change a lightbulb?

- Five. One to change the lightbulb and four to find the perfect J. Crew outfit to wear for the occasion.

How many McMaster students does it take to change a lightbulb?

- Two. One to change the bulb and one to say loudly how they did it as well as a Queen's student.

How many Carleton students does it take to change a lightbulb?

- Two. One to change the bulb and the other to complain that if they were at a better school the lights wouldn't burn out.

How many McGill students does it take to change a lightbulb?

- One, but she can't do it on a Friday night.

How many Brock students does it take to change a lightbulb?

- Seven. One to change the lightbulb and six to throw a party because they didn't screw it in upside down this time.

How many York students does it take to change a lightbulb?

- Only one with an instruction manual.

How many RMC students does it take to change a lightbulb?

- None. When night falls, they either fire flares to see or they put on their nightscopes.

How many UBC students does it take to change a lightbulb?

- Three. One to hold the ladder, one to turn the lightbulb and the other to interpret the Japanese text.

And last but not least.....

How many Laurentian students does it take to change a lightbulb?

None, Sudbury looks better in the dark!

OR

Nobody cares, they are all on South Bay Road waiting to be picked up by the bus!

Twelve Days of Christmas

We at Lambda have a few wishes for Christmas. We have compiled a list that can be sung to the tune of the *Twelve Days Of Christmas*.

On the Twelfth Day of Christmas, My True Love Gave To Me
Twelve Constant Readers,
Eleven Hours of Production,
Ten Complaints Daily,
Nine Pages by Mat,
Eight actual writers,
Seven Death Threats For Payne (Morgan),
Six Trivia Entries,
Five Mistakes Per Page!
Four Feature Pages,
Three French Letters,
Two SGA Controversies,
And One Spell Checker in the Office.

The Homer Simpson Drinking Song

(Sung to the tune of Do, Ray, Me)

Do, the stuff that buys me beer.
Ray, the guy who sells me beer.
Me, the guy, who drinks my beer,
Fa, a long, long way for beer.
So, I'll have another beer.
La, I'll have another beer
Tea, no, I want another beer.
And that brings us back to Do, Do, Do (notices empty beer)
D'OH!

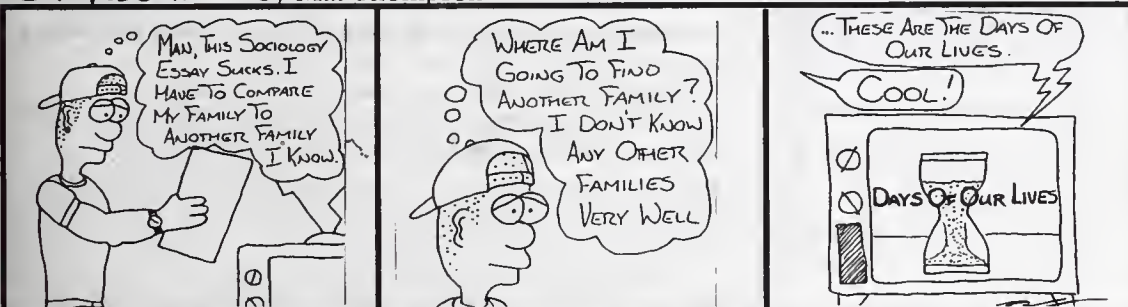
Christmas Practical Jokes

Think of all the hell you are going to have to endure when you go home for the holidays. Here are a few ideas on how to get even, and give yourself a good laugh at your friend's and families' expense.

1. Wake everyone up on Christmas morning by knocking on their doors dressed as a ghost yelling "TRICK OR TREAT!"
2. Change the name tags on the gifts under the tree and watch as your brother tries to figure out why mom gave him a training bra for Christmas.
3. If there are little children in the house, wait until they are ready to go to bed then tell them you hear something in the chimney. When they get excited, fire a shot gun up the chimney yelling "I got him! I killed Santa!"
4. Re-wrap all the crap you got and hated last Christmas and give it back to the person who originally gave it to you.
5. Set up a bear trap on the roof and tell younger siblings that you have always wanted to capture Rudolph and eat some reindeer steaks.
6. Paint bricks to look like fruitcakes and hand them out to people you hate.
7. Tell your family just when they start to eat that you lost a Band-Aid when stuffing the turkey, and if anyone finds it could they give it back to you because it was holding on your fingernail.
8. Hide all the presents and put colored eggs around the tree. Then tell the children Santa was killed and the Easter Bunny must have taken over.
9. Hide all the presents, the tree, and all decorations and tell the children that the Grinch must have come by.
10. Put fake deer shit all over the place.
11. Wait for your father to go downstairs for a midnight snack then wake up the children and tell them that Santa is in the kitchen. Then just sit back and watch your father get attacked by little children in the dark.
12. Hide the family pet(s) and leave a ransom note from Santa.
13. Place a half burned Santa hat in the fireplace and tell the kids that dad must have burned Santa.
14. Dress up like Santa and make lots of noise in the hallway outside the children's rooms. When they come out and see you, yell "Now that you've seen me, you don't get any presents you little shits!"
15. Wake up the kids on Boxing Day and tell the kids that Santa came back again and took all the presents back because they were bad.
16. Sneak downstairs at night and fill the stockings with Kraft Dinner.
17. Get huge boxes and wrap up really heavy rocks as gifts.
18. Get long pieces of Christmas ribbon and "wrap" younger siblings to the bed. Then yell "Santa's Here!" and watch them struggle to get out of bed.
19. Write new tags for all the presents under the tree with the names of your neighbors and tell the kids that Santa must have fucked up!
20. If anyone says Santa doesn't exist, hide all their presents and tell them that maybe next year they should try to believe.
21. Dress a mannequin as Santa. Tell the kids Santa is downstairs and you are going to go talk to him and they should stay on the stairs. Start yelling at the fake Santa and proceed to kick the shit out of it. Tell the children afterwards that Santa forgot your Slinky.
22. Put Buckley's Cough Syrup in the Egg Nog!
23. Hang all the presents from the ceiling just out of everyone's reach.
24. Throw presents everywhere along with a bunch of empty beer bottles then tell the children that Santa is a drunk.

OVERLOAD

by Mat Thompson



KD Christmas Recipes

As Lambda has proven over the last few years, Kraft Dinner can be mixed or substituted with almost anything to create a funky new meal. And now that you are going home for Christmas, what holiday feast would be complete without the taste of Kraft Dinner with you Egg Nog. Here are a few holiday recipes you might want to share with friends and family over the holiday break.

Festive Spiral Stuffing

Ingredients: 1 box Kraft Dinner Spirals

Whatever you put in your stuffing!

Directions: Make the KD according to the directions on the side of the box. Prepare your stuffing like you always would but mix in the KD. Once it is mixed in, cram the mixture where most live turkeys would be upset about. Cook the bird, pull the stuffing out and enjoy your cheesy stuffing.

Kraft Turnip Alternative

Ingredients: 1 or 2 boxes of Kraft Dinner

Six pack of beer

Directions: Make the KD according to the directions on the side of box while your mother, grandmother, or whoever is making the turnip. When no one is looking, put on a gas mask (turnip smell can be fatal or leave you impotent) and toss the turnip out the door! Make sure the person preparing the turnip is drinking the beer you have provided. Put the finished KD into the turnip container and serve! Due to the color of the KD, tipsy family members may not even notice the difference, and you won't be forced to eat or smell that horrific turnip for another year!

Leftover KD Turkey Surprise

Ingredients: 1 box extra creamy Kraft Dinner

Leftover Turkey from Christmas dinner

Directions: Make the creamy KD according to the directions on the side of the box. Once finished, chop up small pieces of the leftover turkey and mix it into your KD. You can heat the turkey, but it tastes better in the KD when the KD is warm and the turkey is cold. If desired, stuffing can be mixed in too, but it goes better as a side dish to the KD turkey mixture.

Other KD Holiday Ideas...

- Instead of giving someone a fruit cake for Christmas, why not give them a box of Kraft Dinner? It's not as if anyone eats the Fruitcakes anyway, and remember, Kraft Dinner is the universal gift of love!
- If your family wants to make macaroni strings for the Christmas tree, make sure they don't use your KD. KD is an important source of nutrition to the university student and it would be a waste to see it hanging cheeseless and naked from a tree. If they insist on making the strings, buy them a box of no name instead, using Kraft Dinner would be sacrilegious!
- Kraft Dinner makes some very interesting decorations for the family gingerbread house. Just imagine the possibilities!

...CORNER

PRE-EXAM PRAYER

Now I lay me
Down to study.
I pray the Lord
I won't go nutty.

If I should fail
To learn this junk,
I pray the Lord
I will not flunk.

But if I do,
Don't pity me at all,
Just lay my bones
In the Study Hall.

Tell my prof,
I did my best,
Then pile my books
Upon my chest.

Now I lay me
Down to rest,
And pray I'll pass
Tomorrow's test!

And if I should die,
Before I wake,
That's one less test
I'll have to take!

ATTENTION ALL OSAP STUDENTS

If you received your first term loan(s) on or before November 14, 1997, you should be able to claim your second term loan(s) on or after December 8th, 1997 at the Student Awards Office.

These loans will be post-dated for January 2, 1998. You will require your Social Insurance Card in order to claim your loan.

Holiday Movie Madness

by Mat Thompson
Entertainment Editor

The holiday movie season is upon us and what better way to get away from your annoying family than to go to the movies for a few hours. Most movie theatres have daily matinees during the holiday break, so you can just escape for a few hours and no one will even know the difference. This year's holiday movie season has its blockbuster flicks, but most movies are not as high profile as you would expect. There are sequels, old stories, and even some new ideas. Here is a run down of some things you may want to check out over the next month.

The power this season comes from a sequel, a ship, a spy and a scream. That's right. The contenders for this season's top spot are some powerful flicks. **Alien Resurrection** is out now and should do well scaring the box office dollars out of people's pockets. The movie is set 200 years after Ripley's (Weaver) death where she has been cloned to fight the aliens once again. Although there are many plot holes and some very strange scenes, **Alien** is sure to rake in the early holiday cash. But if you are in the mood to be scared, wait a few more weeks and **Scream** along with the crowds at **Scream 2**. All the survivors (plus writers and directors) from the original slasher flick have returned to scare the hell out of us. Now **Neve Campbell** is away at University, **Courtney Cox** is a famous novelist with a movie in the works, and those nasty phone calls are coming in again. This one promises to be scarier than the first. It even opens with the brutal killing of another Hollywood star (last movie it was **Drew Barrymore**, this time it's **Jada Pinkett**). **Scream 2** is sure to be big.

The real battle will begin on December 19 when the James Bond action flick **Tomorrow Never Dies** goes head to head with the romantic **Titanic**. For those of you who know me, we all know who I want to win. **Titanic** is an over-budget movie about a boat that we already know is going to sink at the end. Sure, there is a new romantic plot around the whole sinking, but it will never make back its money (\$285 million) and will probably float about as well as **Waterworld**. Now Bond is another story. Everyone loves to see another Bond movie and **Tomorrow Never Dies** should kick some major ass this season. Brosnan returns to the part he was born to play and the producers promise more action than ever. All I can say is, cool!

The family has very few choices this season. There is the already released **Anastasia**, which although the story

is a little depressing, it has fared well. **Home Alone 3** is set to open in a few weeks with a new kid, new robbers, and the same old damn story. It looks cute, but how many kids can foil crooks on the screen before we stop going? I say two movies was enough, but what do I know? The other family movie to be released is **Mouse Trap** starring **Nathan Lane** and **Christopher Walken**. The movie is basically **Home Alone** with a mouse causing all the problems. It looks cute, and if you get stuck with little kids this season, maybe check this one out.

The movies that are underdogs, but

should be watched are the highlights this year. **Midnight in the Garden of Good and Evil** will probably overtake one or more of the blockbuster movies listed earlier. Directed by **Clint Eastwood** and starring an array of stars (**Kevin Spacey**, **John Cusack**), this fact-based murder mystery in Savannah is bound to be a classic. **The Horse Whisperer** is also one to watch. My mother hasn't shut up about this book for months, and now that **Robert Redford** has made the movie, every female in my family can't wait to see the movie. Guys, it sounds like a chick-flick to me, so if you need to suck up, here's the movie for you.

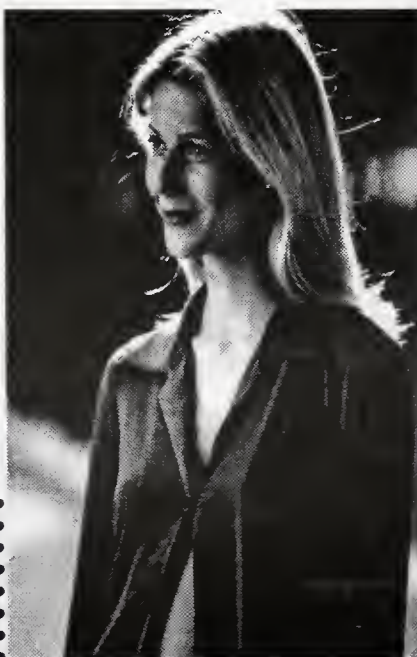
The must see movie of the season in my opinion is **Amistad**. The story of a mutiny on the seas, where 53 slaves rose up and took over a Spanish slave ship is going to be a powerful movie. The slaves try to steer the ship home, but end up in the US and are put on trial. **Matthew McConaughey** plays the trial lawyer who defends the slaves in a very powerful role. If you are only going to see one movie this season, make sure it is **Amistad**.

Other movies set to open this holiday season include:

- **The Postman**. **Kevin Costner** plays a loner in a post apocalyptic world who dons a postman's uniform and tries to restore order to the world. Kind of **Waterworld** without the water!
- **The Truman Show**. It has been bumped all over the place, but the new **Jim Carrey** movie is supposed to be the best. He plays a man who finds out his life is actually a 24 hour sitcom where everyone he knows is really just an actor. Sounds weird, but interesting.
- **Jackie Brown**. The newest **Tarantino** flick is supposedly set to open on Christmas Day, but don't quote me on that. It's a crime story starring all the same old people with a few additions (**DeNiro**, **Keaton**, and **Fonda**). All I can say is it had better not be just another **Pulp Fiction**.
- **Great Expectations**. A complete reworking of the **Dickens** classic, this time it is updated and stars **Ethan Hawke** and **Gwyneth Paltrow**. It's a great romantic story, let's just hope the movie is as good as the novel was.
- **The Mighty**. A profound piece about the friendship between two boys. Worth seeing just for **X-Files** **Gillian Anderson**'s portrayal of a hard drinking ex-biker.
- **Mr. Magoo**. A live action movie starring that Canadian moron **Leslie Nielsen**. It might be funny for a few laughs.

Good luck finding a movie you like this season, and if you see a few good ones, why not write a review and bring it in to Lambda in the New Year.

SEE YOU IN THE NEW YEAR!



Wrestling Predictions

by Mat Thompson
Entertainment Editor

My friends always hate that I know what is going to happen way too early when watching wrestling. So for all you fans of professional wrestling, here are my predictions for the New Year. Some may not come true, but a lot just may!

WWF Title - **Shawn Michaels** won't hold the title for long. Either **Shamrock** will take it early in the New Year, or the **Undertaker** will. He can't hold both titles for long, so I expect the WWF to take away the European title right soon and have a tournament for it. Maybe at **Royal Rumble** in January. **Jeff Jarrett** will be a major contender. As for the **Undertaker**, if he gets the title or not, he will end up fighting **Kane** (Fake Diesel or Yankem DDS) at **WrestleMania 14**. If he has the title, he will lose it to his brother.

IC Title. Sure, **Austin** has it now, but he is better as a titleless badass. He will lose it early in the year to someone you would not expect. **The Rock** (Mayavia) will not get it back anytime soon. The WWF likes **Austin** bad, and with a title he is gaining too much of a good fan base. Look for guys like **Chainz**, **The Patriot**, or even **Savio Vega** to take the IC title soon.

Tag Titles. Who really cares. There are only six real teams in the WWF, so it will just jump around for a while before returning to the **Road Warriors**. Watch for the **Blackjacks** or **Furnace** and **LaPhone** to hold the gold by **WrestleMania**.

Light Heavyweight Title. I know the battle for the belt is this weekend, but I am betting on **Taka Michynoko**. He will take it and end up in a big back and forth fight with **Brian Christopher**. Brian will take the title, but not at first, and he will need the help of his father to do so.

Vader. Forever the loner will hold gold by the summer. Probably the **European** title. **Bulldog** will return as a good guy after knee surgery and **Owen** will not. He will sell out and go the way of **Bret**. **Goldust** is just a joke, but he will become a big force once again with the help on **Luna**. **Degeneration X** will gain a new member soon, but don't expect it to be anyone already here. It will be a WCW reject or a new, upcoming star. **The Patriot** will fade fast unless he holds gold. Maybe the IC, but not for a while. **The Truth Commission** is going to just fade away fast along with some of the Light Heavyweights. You never know who is going to show up in the WWF, but from the look of it **Shamrock** will probably get a few more UFC fighters in. I also think there will be a few returns to the WWF including **Jim Duggan** and maybe **Big Boss Man** (a.k.a. Ray Trailer).

Sable is in for the time of her life. She is going to get bounced around more than **Sunny** does in the WWF boardroom. **Mero** will dump her and she will search for a new protégé. I say it will be either **The Patriot** or **Shamrock**, but I could be wrong. I also think she will end up wrestling either **Chyna** or **Luna** in the near future.

WCW Title. **Sting** will take it, but the stupid **nWo** will get it back. **Hogan** probably has in his contract that he can't be without gold for more than a month. **Bret** will probably become a contender fast for the title. The rest of the titles are so confusing with all the fake titles floating around due to the **nWo**, but the **Steiners** will lose the tag titles very soon.

The **nWo** has become a force to be reckoned with, but it has a few weak links. I think **Macho** will leave this year, and go out a good guy turning on **Hogan**. **Bret** may go **nWo**, but not for long. **DDP** seems like better company for the **Hitman**.

The Giant is fading fast along with **Harlem Heat** and **Disco Inferno**. I think a few of these guys may end up in a new federation. Unless they get good stories, they will be gone by mid-summer. **Larry Zbysko** will don the tights a few times to take on the **nWo**, but will only score a win on **Bishoff**. **Hall** will destroy him, but I also think **Hall** may leave the **nWo** and go good.

Remember, these are just my opinions, so, if you don't agree, too bad! If you have any wrestling predictions, send them to Lambda and I'll be sure to address them in upcoming columns.



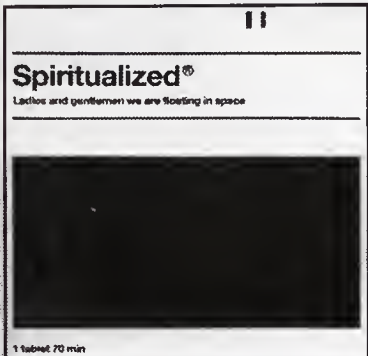
Santa Claus Farts Down a Lit Chimney
on Christmas Eve.

LEND ME AN EAR

Reviews by Mat Thompson, Entertainment Editor.

darkness. That's just a young state of mind, and you can grow out of it..." And grow they have. These guys have a very profound grasp on what will make them stand out among the rest.

Check your local music store, **Copyright's** *Love Story* is sure to be there. Trust me, this is a classic in the making. Don't miss it!



Spiritualized - Ladies and Gentlemen...

Ladies and Gentlemen We Are Floating in Space is the full name of this album by **Spiritualized**, and the name is perfect for the sound of the album. The whole album has a very otherworldly, melodic sound to it that makes you think that you could be floating in space...or just having one of those really cool trips where you just float through the surrounding world. **Spiritualized** has actually captured this form of 'trip' and has created the music to go along with it. Call it a soundtrack to acid.

The album booklet is cool as it reads like a medical prescription, telling the listener how many times to take a dose, what are the side effects, what the active ingredients of **Spiritualized** are, and many other useful pieces of information for the

addicted listener.

The album contains 12 strange tracks that take you through many differing levels of consciousness and dreaming. Once you are finished listening to the album, you will feel like you have been stoned for about an hour. It's weird how music can affect a person's moods and outlook, but this album has a definite calming effect.

The tracks range in sounds covering many different musical auras including droning electronics, harmonicas, guitars, and Memphis style horns. The vocals stretch from soothing, and calming voice to a powerful punch that makes you listen. The album is very reminiscent of **The Doors**. **Jim Morrison** was the first person who could grab all these emotions and feelings through music, lyrics, and vocals and now **Spiritualized** seems to have learned to somewhat do this too.

Ladies and Gentlemen We Are Floating in Space is available now, but I must warn you, long exposure to this album may cause drowsiness. Take in small doses or you may be permanently hooked. **Spiritualized**, it's a drug put to music!



Infinite Beat Volume 1

This is a strange little compilation album. With no bio to work with on this album, I'll just have to

wing it.

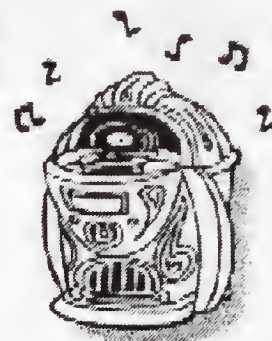
This compilation album is a mixture of eleven tracks of very upbeat dance tracks. The overwhelming sound on this album is that of Old School Funk with a definite Electronica twist to it. It is kind of a mix of the old and the new. The album contains tracks by groups like **A3**, **The Advocate**, **Squarepusher**, **Snuggles+Slax**, **Shizuo**, and **The Hardknox**. The name to the album is true as this album plays with an *Infinite Beat* that goes on throughout the whole play time.

If you like electronica/dance, the *Infinite Beat Volume 1* is probably right up your alley. I don't know any of these groups, but they all seem to have their slot in the electronica craze that sweeps the raves nowadays. Check it out, it's in record stores now.



Blink 182 - Dude Ranch

Okay, now think of **Green Day** wearing Sombreros all wacked out on Tequila, Margaritas, and re-fried beans. If you can actually picture that scary sight, then you probably were very close to picturing **Blink 182**. These guys are a strange little band from San Diego who used to be a mariachi band named **El Cuarto**



and the Cajones that played weddings, birthdays and ritual circumcisions. Now they have left their sombreros behind and cranked the juice and have become what they are today.....Strange!

Their album *Dude Ranch* is a very hyper-active album with the enthusiasm of **The Offspring** and the lust for life of **Green Day**. The album contains 15 tracks that never really slow down at all. It's like one big party that never seems to stop.

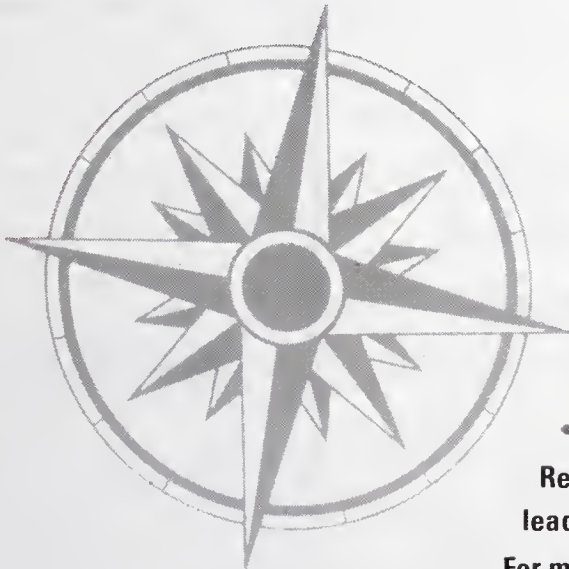
For being a pretty young band, these guys really know how to play. The guitars rip through the cords with ease while the drum beat gets constantly faster and more predominant. These guys have put together a band that has all the talent of the big boys, and their album is even better. But are they normal? I surely hope not. Their strange affinity for life seems to be the leading force behind their music. If they weren't having fun, the album just would not be the same.

Blink 182, *Dude Ranch*. Definitely check this one out. It's a great party album, just make sure you have the Tequila ready!



Join thousands of other students and...

...Stay On Course



Is the course you want to get into full? Do you need a course to fit into your timetable? Do you want to pick up extra credits or pursue personal interests?

If so, Athabasca University has hundreds of home-study courses to choose from.

- Study at your own pace.
- Credits earned are transferable.
- Get individualized telephone and electronic tutoring.
- Register throughout the year.
- Reasonable registration fees include all required course materials.
- Challenge for credit opportunities.

Register today and chart your course of study with Canada's leader in individualized distance education.

For more information call:

1-800-788-9041

Canada's Open University™
www.athabasca.ca auinfo@admin.athabasca.ca

Athabasca University

Classified

Pregnant and unsure?
Married couple would like
to adopt. We could provide
the best life has to offer.
Call: 1-800-550-6350.

**EXCELLENT
EXTRA
INCOME NOW!
ENVELOPE STUFFING-
\$600 - \$800 every week!
Free Details: SASE to
International Inc.
1375 Coney Island Ave.
Brooklyn, New York
11230**



HAPPY HOLIDAYS FROM
ALL OF US AT LAMBDA



ANNOUNCEMENTS

Friday, December 5: Douglas Los, Chair of the Board of Governors and Dr. Ross Paul, President, invite all members of the University community to attend the Christmas Wine and Cheese Social at 4 p.m. in the Great Hall. For more information, call ext. 3410.

Monday, December 8: The next LU Alumni Association meeting will be held from 5 to 7 p.m. in L338. Everyone is welcome. For more information, call André Beaudry, ext. 3955.

Sunday, December 14: The festive traditional Christmas Sing-A-Long, led by Chrissie Nemis and the Sudbury Singers will be held at 2 p.m. at the Gallery on John Street. The event is perfect for families who wish to revel in the festive spirit of the season. For more information, call 675-4871.

Thursday, December 18: To mark the forty-eighth anniversary of the Association of Northern Ontario Artists (N.O.A.A.), the Art Gallery of Sudbury will present a juried exhibition showcasing the work of members of the N.O.A.A. in Gallery II & III at 251 John Street. For more information, call 675-4871.

Thursday, December 18: The Art Gallery of Sudbury will exhibit a selection of works drawn from the McCuaig Collection in Gallery I. For more information, call 675-4871.

Wednesday, December 24: The University will be closed effective 12 noon, and will reopen at the regular hours of work on Monday, January 5, 1998.

Friday, January 30: The deadline for submitting the actual proposal or the poster (title and resume) for the "Journée du savoir", sponsored by I'ACFAS-Sudbury and LU. For more information, call Yvan Morin, ext. 1038.

ANNONCES

vendredi 5 décembre: Douglas Los, président du Conseil des gouverneurs et Ross Paul, recteur de l'UL, invitent la communauté universitaire au vin et fromage de Noël qui aura lieu à 16 h, au Grand Salon. Info: poste 3410.

lundi 8 décembre: La prochaine réunion de l'Association des anciens de l'UL, de 17 h à 19 h, à la salle L338. Bienvenue à tous. Info: André Beaudry, poste 3955.

dimanche 14 décembre: La galerie d'art de Sudbury présente son concert annuel de Noël, mettant en vedette Chrissie Nemis et les Sudbury Singers. Cette activité est idéale pour les familles qui désirent chanter et s'amuser, tout en revivant les souvenirs de leur enfance. Info: 675-4871.

jeudi 18 décembre: Pour souligner le 40ième anniversaire de l'Association des artistes du Nord de l'Ontario, la galerie d'art de Sudbury présente l'exposition <<Association des artistes du Nord de l'Ontario>>. Info: 675-4871.

jeudi 18 décembre: La galerie d'art de Sudbury présente un choix d'oeuvres tirées du don McCuaig. Info: 675-4871.

mercredi 24 décembre: Veuillez prendre note que l'Université sera fermée à midi; elle rouvrira le lundi 5 janvier 1998.

vendredi 30 janvier: Toutes propositions de communication ou d'affiche (titre et résumé) pour la Journée du savoir, organisée en vue de favoriser la diffusion de la culture scientifique d'expression française et parrainée par l'ACFAS-Sudbury et l'UL, doivent être soumises. Info: Yvan Morin, poste 1038.

CBC Radio Brings Charles Dickens : A Christmas Carol

7:15 pm, December 11th at St. Andrew's
United Church

CBC Radio One in Sudbury joins with 19 other communities across Canada to present Charles Dickens: A Christmas Carol.

It's a special evening of seasonal music and dramatic readings from one of the greatest Christmas books ever written.

The tradition started back in the mid-1800's when Charles Dickens toured North America with readings from A Christmas Carol. Through his presentations, he raised money for hospitals and schools.

In 1989, CBC Radio's Judy Maddren (host of World Report) brought back this tradition in Toronto. Since then, this very popular Christmas celebration has spread across the country.

This year, CBC Radio has teamed up with St. Andrews United Church and New Leaf Literacy to bring A Christmas Carol to Sudbury.

Readings will be done by local CBC journalists Martin Chapman, Markus Schwabe, Sherry Drysdale, Theresa Lalonde and Dan Lessard. As

well, Tom Allen, host of Fresh Air, CBC Ontario's weekend morning show, will join us as a special guest reader.

Christmas music will be sung by the St. Andrew's Senior and Good News Choirs under the direction of Robert Hall.

Money raised will go to support literacy in the Sudbury area. And people attending A Christmas Carol will be asked to bring along a dry goods donation for the Neighbourhood Action Food Bank.

This is an excellent way to get you and your family into the Christmas spirit and at the same time help out fellow Sudburians.

Tickets are \$7 for adults and \$3 for children 13 and under. Tickets will be available at CBC Radio, 15 Mackenzie Street, New Leaf Literacy, 124 Cedar Street and at the St. Andrew's Church Office, 111 Larch Street.

For more information, contact Craig Mackie, Program Manager, CBC Radio. Phone: 688-3200 Fax: 688-3220 email: noronradio@sudbury.cbc.ca

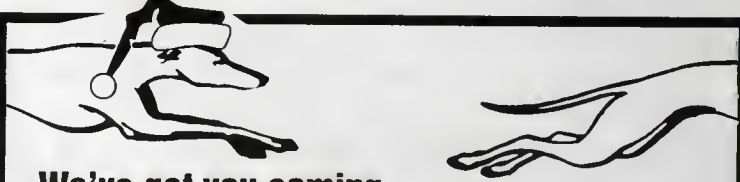
"CANNONBALL!"

So you're all getting ready to pack up and go HOME for the holidays, well don't forget about Intramurals. Consider your holiday vacation as a time to THINK about what you should do and what you'll need to "Be All That You Can Be" at this year's Bellyflop/Cannonball Competition. This time the competition will be held Friday February 6, 1998 from 1:30pm to 3:30pm. Entry fee is FREE for all competitors. However, one perishable food item will be required from each spectator for admission. All perishable food items will be donated to the Laurentian Student Food Bank. Swimming ability will be a must for all competitors. Also, there will be GREAT PRIZES to be won by all competitors and lucky spectators!!

Who? Intramural Department
What? Cannonball/Bellyflop Competition
When? Registration January 12-16 at the Intramural Office
Competition February 6, 1:30-3:30pm
Where? Olympic Gold Pool
Ben Avery Physical Educational Centre
Details
-No entry fee for competitors
-One perishable food item required from each spectator
-Swimming test required before competition
-Music and Costume optional
-GREAT PRIZES TO BE WON!
Contacts SANDY email s5000601@nickel.laurentian.ca
JULIE email s5000030@nickel.laurentian.ca

Mass Times and Activities at University of Sudbury Parish

- ⊕ Sunday, Dec. 7th and 14th, 10:30 a.m., Canisius Hall: over the 2nd and 3rd Sunday of Advent - Penitential Celebration and Reconciliation
- ⊕ Sunday, Dec. 21st, 10:30 a.m., Canisius Hall: Fourth Sunday of Advent
- ⊕ Wednesday, Dec. 24th, Canisius Hall, 8:00 p.m.: Christmas Mass
- ⊕ Thursday, Dec. 25th, Round Chapel, 10:30 a.m.: Christmas Day Mass
- ⊕ Sunday, Dec. 28th, 10:30 a.m., Canisius Hall: The Holy Family of Jesus (Lucienne Bergeron)
- ⊕ Thursday, Jan. 1st, 1998 at 10:30 a.m.: Mary, Mother of God, World Day of Prayer for Peace - mass in Round Chapel
- ⊕ Sunday, Jan. 4th, 1998, 10:30 a.m., Canisius Hall: Epiphany



We've got you coming...

...and going this Christmas.

And we'll keep you coming and going all year with regular return departures at student discount prices.

Student Return Fares

from Sudbury to:

Toronto	\$80
Ottawa	\$103
Sault Ste. Marie	\$60
North Bay	\$30

Other discounted destinations available.

Check with your Greyhound Agent.

Price does not include G.S.T.

Surf to www.greyhound.ca

TRAVEL CUTS Greyhound Canada

SCE 234, New Student Centre

673-1401

854 Notre Dame Ave. Sudbury

524-9900

Voyageurs Fare Well At Season Opener

The Laurentian Voyageurs Track and Field team were on the road this weekend to compete in the Western season opener. Top finishers for the men's team were: John Thompson, Fourth in the 1000m, and fifth in the 1500m; Aaron Prieur, first in the 1500m; and Shane Rosati, with third place in long jump. The men's 4 X 100 relay team of Aaron Prieur, Jayson Bowerman, John Thompson and Jeremy Gilbank placed third.

For the women's team, top finishers were recorded by: Jenn Dewan, with a first place finish in the 1500m; Lynne Perron who placed fifth in the 1500m and second in the 3000m; and Erin Kennedy with a fourth in the 3000m.

The next meet for the team is on January 10, 1998 when they will travel to Toronto to take part in the York open.

Voyageurs Lose To Queen's

The Laurentian men's volleyball team traveled to Kingston Saturday to take on the Queen's University Golden Gaels. The Vees came up short losing 3 - 1. Scores for the games were 14-16, 13-15, 15-11, and 2-15. Leading the Voyageurs were Alain Arseneau with 16 kills, 1 ace and 3 stuff blocks, Serge L'Esperance with 12 kills, 2 aces and 2 blocks and 3 assists, Jonathen Hogg with 14 kills, one block and 2 assists.

The Vees will continue their road trip when they will be in Toronto to take on the Ryerson Rams, Sunday, November 30th.

Voyaging in the New Year



Home

-The Hockey Vees take on the York Yeoman on Saturday January 10th, 1998 at the Sudbury Arena, the puck drops at 2:00pm.

Away

-The Volleyball team will be traveling to the Victoria Invitational tournament to compete over the holidays. The team will be competing from December 29th to January 5th.

-The Men's Basketball team will be taking on York on Friday January 9th.

-The Lady Vees will be traveling to Toronto to take on York on Friday January 9th.

-The Men's and Woman's Track and Field team will be traveling to the York Open on Saturday January 10th.

-The Aqua Vees will taking on York and Ryerson at a tri meet in Toronto on January 5th.

Lambda Will Return to your favourite pick-up location on January 15, 1998!
See You in the New Year!

Voyageurs Kick Ass!

The Laurentian University Voyageurs basketball team had a strong performance against the Ottawa University Gee-Gees on Friday.

Leading at the half by a score of 44-19, the Vees held on to humiliate the Gee-Gees by a final score of 89-49. Cory Bailey led the Vees to their fourth straight win of the season with 19 points, Adam Dusome poured in 14, and Ted Dongelmans contributed 12 points. Top scorers for Ottawa were Kevin Bakker with 13, and Justin Aman and Robert Hakaj both with 7. Players of the game were Cory Bailey for Laurentian and Kevin Bakker for Ottawa.

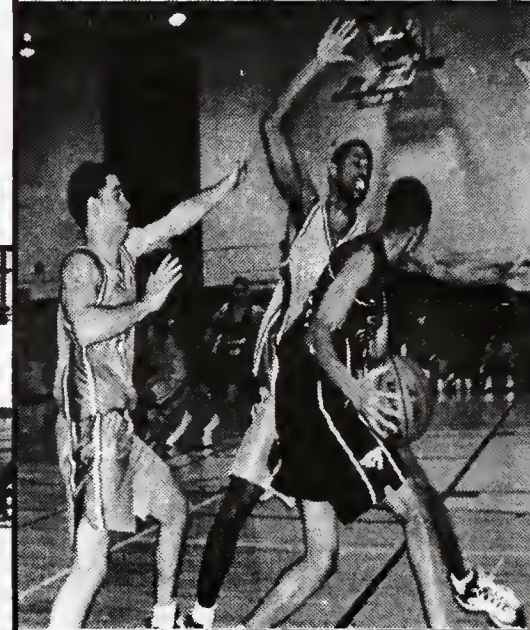
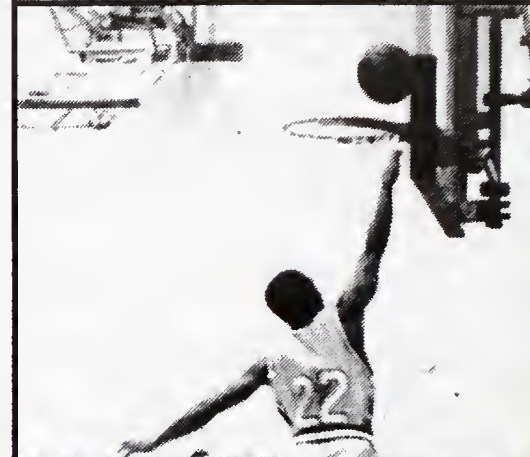
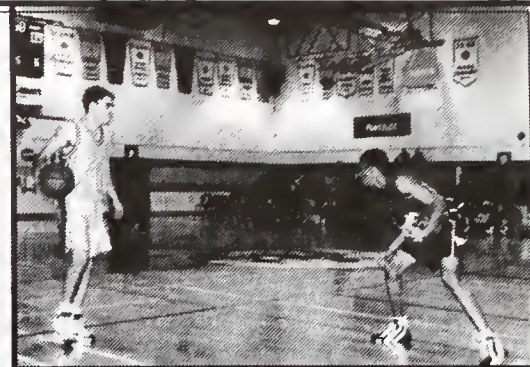
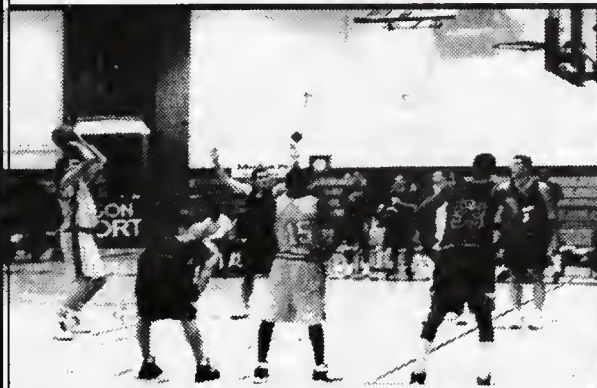
The Voyageurs are now ranked number six in the nation and coach Campbell was "very pleased with this win."

On Saturday the Voyageurs continued their home success with a convincing win over the Carleton Ravens by a score of 75-51. The Voyageurs led at the half with a score of 32-24. Top scorers for the Voyageurs were: Ted Dongelmans with 27 points, Adam Dusome and Kevin Gordon with 12 a piece. Leading scorers for the Ravens were: Brian Leonard with 19 points and Caesar Laukwago with 9 points. Molson Players of the game were: Ted Dongelmans for Laurentian and Brian Leonard for the Ravens.

Adam Dusome suffered a broken nose in the game against the Ravens. In fine athletic fashion Dusome realigned his nose himself rather than go to the hospital. It's nice to see some grit on the court of the Vees

The success of this weekend should bring the Voyageurs a little higher in the national ranking. Continued success should bring Campbell and his troop to the Nationals again.

This wraps up this portion of the Voyageurs season with a 5-1 record. Next action for the Voyageurs comes after the Christmas break when they host the York Yeoman on Sunday January 11, 1998 when they tip off at 8:00pm.



Laurentian University Food Service Committee

In order to provide the best possible food service at Laurentian, we are soliciting input from the Campus Community.

We ask that you contact your Food Services Committee representative, or any other member with your comments and concerns.

The Food Service Committee meets on a monthly basis.

Food Service Committee Members

Director of Services	Romeo Bertoli	ext. 3003
L.U.S.U.	Suzanne Pharand	0
A.E.F.	Natalie Paquet	6557
S.P.A.D.	Greg Zorbas	1021
S.G.A.	Tannys Laughren	1064
Marriott Food Services	Brad Beach	2609
L.U.F.A./Phys. Ed.	Patrick Demeyere	1015
L.U.A.P.S.A.	Steve Beynon	2200
A.L.P.S.	Mike Inkster	6503
Health Services	Lyne Rivet	1057

by Jason Stevenson

Sports Editor

Research tells us that bodybuilders should eat shortly after training to maximize muscle growth and replace spent energy stores. But how much, how long after training and what quantities of protein and carbohydrates? These are the questions that researchers are currently probing.

One recent study was conducted by R.M. Chandler, PhD, of the University of Texas, Austin. Chandler found that consuming a meal of protein and carbohydrates immediately after and again two hours after exercise resulted in higher insulin and growth-hormone levels (both of which help produce anabolic - or muscle-building - effects) over the eight-hour test period, compared with water only or a meal of only carbohydrates or only protein. Although the Chandler study was not designed to measure muscle growth, it suggests that specific post-exercise nutrition may promote greater muscle growth and recovery, as measured by hormonal response.

Many of the mechanisms and contributing factors involved in exercise-induced muscle growth are still undiscovered or ill-defined. Generally accepted, however, is that the body's hormones (both anabolic and catabolic) influence muscle response to exercise. Two extremely important hormones in that regard are insulin and cortisol, the most prevalent anabolic and catabolic hormones, respectively. Minimizing cortisol and increasing insulin - within limits - could promote a more positive nitrogen balance that, over time, leads to an increase in lean mass.

The mechanisms that influence how a bodybuilder can create optimum levels of cortisol and insu-

lin - and thereby contribute to muscle growth - are related to how much and what type of carbohydrate he or she consumes. These mechanisms are all linked, and the first link is exercise. Exercise increases the body's ability to metabolize carbohydrate efficiently, which means that stores of glucose - the form of carbohydrate most commonly used for energy by the body - gets used up. When this happens, and there's not enough carbohydrate being replaced through food, the body becomes stressed and releases stress hormones, which include growth hormone, catecholamines, glucagon and cortisol. Stress hormones offset the anabolic effects of exercise and insulin and make the body go to an alternate source for creating energy: the amino acids in your muscles, resulting in a breakdown - not build-up - of lean mass. Bodybuilders, then, should consume enough carbohydrate after training to optimize serum insulin and decrease serum cortisol.

WHAT THE DATA SAYS

Earlier research has shown that when adequate amounts of carbohydrate are consumed after exercise, the storage of glycogen - the main form of carbohydrate stored in muscle - rapidly increases (Reed, 1989 - see references at end of article), while other studies have concluded that the level of insulin re-

Dr. Jay's Nutrition View



leased in response to carbohydrate (CHO) intake influences the rate at which glycogen is restored in muscle (Young, 1988). However, increasing carbohydrate intake beyond 0.7±1.4 grams per kilogram body weight doesn't seem to be an effective means of increasing the rate of glycogen storage (Reed).

INSULIN & CARBOHYDRATES

The more important issue appears to be the level of insulin secreted in response to this range of carbohydrate intake. Even though several studies have demonstrated a positive effect between serum insulin and increased glycogen storage, the amount of carbohydrate required to reach those levels is not practical; consequently, finding a method to increase insulin release without increasing carbohydrate intake beyond the most effective range is important. Essentially, consuming greater amounts of protein along with carbohydrate increases the amount of insulin released in response to the meal, which promotes an increased rate of glycogen synthesis. The major problem with consuming protein along

with carbohydrate during exercise recovery is that because greater amounts of insulin are released, the carbohydrate contained in the meal is stored faster. If additional carbohydrate/protein meals are not consumed every two hours for 6-8 hours, hypoglycemia - an abnormal decrease of sugar in the blood - can occur, resulting in the release of stress hormones. Increasing stress hormones during recovery, as mentioned, will retard or reverse the anabolic effects of exercise and insulin. The Chandler study found an increased insulin response to the carbohydrate/protein meal, which confirms results of earlier studies (Spiller, Zawadzki). Also found was a rise in growth hormone at six hours post-exercise.

CREATING AN ENVIRONMENT FOR GROWTH

The Chandler study provides evidence to support the benefits of consuming a specific post-exercise mixture that contains both carbohydrates and protein, as well as illustrates what you should know regarding deficient carbohydrate intake during the recovery period. In other words, the bodybuilder's ability to grow muscle is minimized if he/she doesn't eat adequately after exercising. To avoid hypoglycemia and promote a high rate of glycogen synthesis, the bodybuilder should consume

0.7±1.4 grams CHO/kg bodyweight (or 0.3±0.6 gram CHO/pound bodyweight) immediately after and at two-hour intervals for 6-8 hours after vigorous exercise (Reed). To help optimize insulin response, also consume 30±50 grams protein with each carbohydrate meal during exercise recovery (Spiller, Zawadzki).

Jeff Feliciano is an internationally recognized expert on nutritional supplements and ergogenic aids and has trained a number of top amateur and professional athletes, including bodybuilders.

POST-EXERCISE NUTRITION AFFECTS MUSCLE-BUILDING HORMONES

Protein synthesis for muscle growth and glucose transport to replace muscle- and liver-glycogen stores continue at elevated levels for eight hours after exercise. To fuel your body and provide for optimal growth, follow these guidelines.

Replace spent glycogen because if you don't, catabolic stress hormone levels can increase, which oppose the effects of anabolic hormones. Increasing carbohydrate intake above a certain level doesn't significantly affect the rate of carbohydrate storage. To prevent hypoglycemia and provide for optimal growth, consume a meal or snack of protein and carbohydrates immediately after and two hours after exercise (sometimes also four and six hours after exercise depending on your training levels and caloric needs). This combination is more effective than water-only, protein-only or carbohydrate-only meals. For optimal recovery, meals should consist of 0.3±0.6 gram of carbohydrate per pound of body weight and 30±50 grams of protein.

Road Apples and other Fine Messes

by Fat Louis and Wohek

Columnists

Wohek: Boy Lou, I'm starting to get in that festive spirit lately.

Fat Louis: It's a magical time of year. Let us sing.

W: ahem...It's beginning to look a lot like...

FL: Stop Wohek. Any song but that one.

W: Oh my darling, oh my darling, oh my...

FL: I meant any Christmas song Clementine.

W: Oh. ahem...On the first day of Christmas the Leaf gods gave to me...

FL: ...A Brad Marsh autograph.

W: On the second day...

FL: ...Two players traded. (Sundin and Macoun)

W: On the third day...

FL: ...Three all-star defencemen.

W: On the fourth day...

FL: ...Four-foot pads for Potvin.

W: ...

FL: Wohek, you missed your cue.

W: ...

FL: Fine be that way. Suck. On the fifth day...

W: (bellows) ...FIVE GOLD SEAT TICKETS.

Mysterious Voice: A little over the top, don't you think Pavarotti?

W: Bah, Humbug.

FL: On the sixth day...

W: (snickering) ...Six Hab-fans whining.

FL: On the seventh day...

W: ...Seven-million dollar player. (Kariya)

FL: On the eighth day...

W: (hysterical) ...Eight more Hab-fans whining.

FL: On the ninth day...

W: ...Nine first-round draft picks.

FL: On the tenth day...

W: ...Ten wins in a row.

FL: On the eleventh day...

W: ...Eleven Leaf-snipers sniping.

FL: On the twelfth day...

W: ...Twelve...

Mysterious Voice: ...players brawling.

W: Why you line-stealing ghost of Christmas present, I oughtta...

FL: Now, now Ebenezer. That's not the Christmas spirit.

W: Sorry. I don't know what came over me.

FL: That's okay pal, it happens to the best of us.

W: Some of us more than others.

FL: Okay Wohek, strike up the band.

W: What band?

FL: Fine. (sings) We wish you a Merry Christmas,

W: We wish you a Merry Christmas,

FL: We wish you a Merry Christmas,

W: And a...

Mysterious Voice: ...Happy New Year.

W: Grinch.

FL: Happy Holidays to all. (Except you Hab-fans)

Feel The Payne

by Payne Morgan

Columnist

What a week, I've been swamped with work and feel like I'm going to lose my mind. Thank God the winter break is coming up so I can get some freaking sleep already.

Well what can I say; it was quite a week in sports. The Lady Vees kicked ass as usual. The men's team was in fine form. The hockey team they were good to... wait I am saying they lost. The boys blew a lead on Saturday and then lost in overtime, it was sad. On Sunday the boys dominated the number two ranked Guelph Gryphons for the first period and lead the Gryphons by one. Then in the second the Gryphons scored 7 goals on a defense that fell asleep, except Glavota.

I felt particularly upset for our goalie Sean Spencer who was pulled because his defense was no were to be found. Hey Spencer it's not you fault man. Kiley Hill played balls out as usual and led the team with his intensity and grit. I just want to say to Armatage, you should have dropped the gloves It was Armatage's last game as a Vee, his leadership will be missed.

This weeks tough guy award goes to Adam Dusome of the Men's Basketball team, that's right the tough guy award. Even though Adam is a basketball player and by nature less violent than his hockey brethren he showed himself to be a man among men. After breaking his nose in Friday's game, Dusome chose to realign the break himself rather than go to the hospital. To all of you who have broken your noses you know how painful it can be.

Hey I had an idea, I was thinking we should take all the hydraulic equipment out of the gym and put some couches and chairs there so they swim team can have a place to sit down. Cause that's all they really do is just sit there, it may be just me but I've never seen a group of people spend so much time in the weight room and really do nothing.

To all of you who bring protein or creatine drinks into the weight room; I have found a way to mix those drinks up without a blender. That's right, I can mix them without a blender, all I do is set them on a certain person's chest while their doing an exercise and his uncontrollable "shaking" mixes my drinks right up. It's like watching one of those vibrating beds.

I hope everyone has a great holiday, I cant wait for the "new year's resolution rush" in the new year. Every person who swears that this year is the year that they are going to get in shape. They'll work out for a month and then go back to eating bacon and banana sandwiches. Do me a favour quite know and don't get in my way in January because you all know your not going to last.

In closing I would just like to say what's up to the "breakfast club," damn you boys can dance.

Tough Weekend for Hockey Vees

by Jason Stevenson
Sports Editor

The boys lost a heartbreaker to the University of Toronto Blues on Saturday afternoon. The Vees had a 4-1 lead going into the third period, which was erased by the U of T Blues who came back to tie the boys at four a piece at the end of the third. In the overtime period the Vees surrendered the game in fine fashion to the Blues with 2 seconds left. The Vees blew a 4-1 lead and lost 5-4, a dream game for the Blues and a nightmare for the Vees. Toronto's Kent William scored the marker on a two on none break with teammate Paul Hadley after both of LU's defencemen were tied up. Scoring for the Voyageurs were: Serge Dunphy, Darren Schmidt and Keith Welsh all with 1 goal a piece. As usual Kiley Hill lead the team with intensity and offensive skill, Hill scored his team leading seventh goal of the season and added two assists.

After a tough loss on Saturday the Vees took on the nationally ranked Guelph Gryphons. The bad news is the boys lost 8-2. The good news is the Vees showed they could play with the best teams in the nation. The Vees dominated the first period, both physically and offensively. The Vees controlled the tempo of the first period with their tough style and dominating play. The only problem is the boys could not keep up the pace in the 2nd period and as a result the Gryphons came out and scored 7 unanswered goals. As a result the goalie and all around good guy Sean Spencer was pulled. Chris McCarthy took his place and faired a bit better. The problem was not the guy between the pipes it was the boys in front of him. Spencer's defense was nonexistent, in the second period, except when John Glavota was on the ice. Glavota showed solid play leader-

ship. It seemed an injustice too bench Spencer when it was his defense that was falling short of their mark. It says a lot when the most physical guy on the ice is Kiley Hill, a winger.

This was also the last game of Vees veteran Pat Armatage. Much to my chagrin Armatage didn't drop the gloves, but was none the less a force on the ice as usual.

In a fine display of intensity and grit Kiley Hill scored a goal and along with Brad Baber dominated the Gryphons physically. Baber lost his cool on more than one occasion, which was a nice change of pace from his usual calm demeanor. Hopefully the boys can stay physical throughout their next games in the new year. The game against Guelph showed the boys can play with any one in this country. Hopefully the break will give the boys a renewed sense of purpose.



Weight Room Follies: What I want for Christmas!

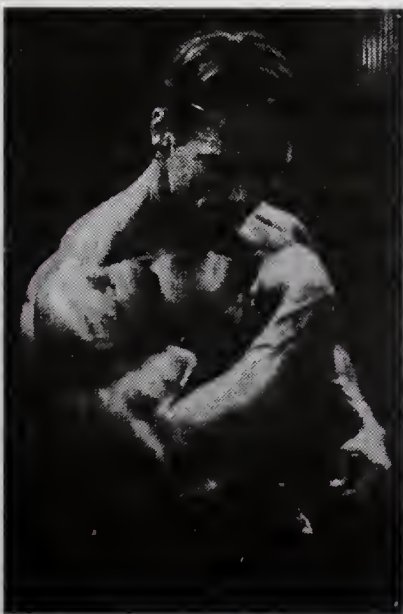
by Jason Stevenson
Sports Editor

Well I didn't say anything last week about the weight room, so I figured I should speak up and remind everyone that we still don't have the weights and benches that are apparently coming in. It's my Christmas wish that those pieces of equipment are in the weight room before we return to class on January 5th.

I want Santa to bring the LU weight room the benches and weights that they are suppose to get. But I also want Santa to bring some cardio equipment. I know it would be hard for him to lug all the way from the north pole, but one of his elves must workout. Even Santa knows the benefits of cardiovascular exercise. I also want Santa to bring the LU weight room a new barbell military press rack, which the gym sorely needs.

I also want Santo to instill some common sense into some of the students who use the weight room. I can't count how many times I've seen a student doing an exercise and for some reason or another they get stuck a with the weight over their chest, and to many times I have just seen students stand there and watch some poor kid squirm, rather than help him.

I also want Santa to bring some spray bottles and towels to the weight room. All he has to do is just leave them on a little rack, so that when the big sweaty guys (like me) use the equipment they can wipe it off after, so that the rest of the people aren't repulsed. Considering that most of the guys wear tank tops there really should be some way of sanitizing the benches.



I am also asking Santa to return my lifting wraps, which someone stole when I put them down for about 2 minutes a week ago. Who ever you are remember Santa is watching and he knows if you've been naughty, I hope you get a lump of coal for Christmas and if I find you I'll give you a lump on the head too!

To finish my Christmas list I'm going to ask Santa for bigger biceps and a slimmer waist. I hope Santa gives me all the stuff I asked for, but I'd settle for the new benches and the new dumbbells, remember tis the season of giving.

In closing I would like to say Merry Christmas to the boys: Oscar, Rudey, Stu, Raoul and Kevin! Actually Merry Christmas to all HOHOHOHO!!! Listen to all my complaints in the new year.

Lady Vees Undeclared in '97

The Laurentian Lady Vees Basketball team continued their winning ways Friday with a win over the Ottawa University Gee Gees. The Lady Vees came on strong from the beginning, leading at the half by a score of 47-29. They held on to win 84-60. Leading scorers for Laurentian were Stephanie Harrison with 22 points, Shauna Conway with 14 and Shelly Dewar with 13. Top scorers for Ottawa were Irene Vandros with 16 points, Catherine Poch with 9, and Robyn Soley with 8. Player of the game for Ottawa was Irene Vandros.

This was the fourth time Harrison has lead the Lady Vees in scoring, dominating the opposition up and down the court. Harrison was also selected as the Molson player of the game for Laurentian. Conway and Dewar continue to be consistent in their production on both sides of the court.

On Saturday the Lady Vees faced off against the Carleton Ravens. Laurentian slaughtered the Ravens 72-31 it was a display of total domination. That win brought the Lady Vees record to a perfect 6-0. Leading the Vees in scoring were Stephanie Harrison with 20 points, Tanya Tatti with 11 and Shauna Conway with 10. Top scorers for the Ravens were Megan Robb with 10 points, Jodi Drummond with 9, and Rosie Warden with 8. Molson players of the game were Stephanie Harrison for Laurentian and Megan Robb for Carleton.

Rookie coach Campbell now has 6-0 record going into the Christmas break, its probably the best present Campbell could have hoped for. Let's hope that consistency is a part of Campbell's recipe for success. in the new year.

The Lady Vees wrap up this portion of the season with a 6-0 record. Next action for the Lady Vees comes after the Christmas break when they host the York Yeowomen on Sunday, January 11, 1998 when the tip off at 6:00pm.



GRAND OPENING

South Side Bistro



&
Cortina



2 for 1 Pizzas

\$0.10 Chicken Wings

(with a valid L.U. Student's Card)

1323 Martindale Rd.
Sudbury, Ontario
522-3200

10 % OFF
REDEEMABLE
COUPON
EXPIRY DATE: 1998 / 01 / 15

Niners Get Thumped

Rich Gannon has beaten John Elway, Warren Moon and Steve Young in the past three weeks. Does anyone still think the Kansas City Chiefs are in trouble with the injured Elvis Grbac on the bench?

"I like this kind of trouble," said defensive tackle Joe Phillips, who even got involved in the scoring derby in Sunday's stunning 44-9 victory over the San Francisco 49ers. "Rich Gannon's a player. Rich Gannon's a winner," said Phillips, who was in on a safety.

GANNON IS 3-1 SINCE Grbac went out with a broken collarbone as the Chiefs not only survived the meanest stretch of their schedule, but moved to threaten Denver for the AFC West title and home field in the playoffs.

"We really dug down deep and proved we could do some things," said Chiefs center Tim Grunhard. "I don't think people around the country thought we could do it. But we proved we can do some things, too."

IT WAS THE WORST LOSS for the 49ers, who lost running back Garrison Hearst for four to six weeks with a broken collarbone, since a 59-14 defeat by Dallas in 1980.

The Chiefs (10-3) stunned the favored 49ers (11-2) by taking a 28-6 halftime lead.

"We needed to start fast," Grunhard said. "I don't know what will happen tomorrow, but today everything went our way. But I never felt comfortable. You can block a guy for four quarters and then give up a sack and you're still the goat."

By not allowing a second-half touchdown for the eighth straight game, the Chiefs put an exclamation mark on the lopsided victory with a safety and a touchdown return of an interception in the final 8:31.

Gannon threw three touchdown passes and Marcus Allen had another on a halfback option, the first time the Chiefs had four touchdowns passes in a game since December 1983 against San Diego.

"They did about everything they wanted to on the field," said 49ers cornerback Rod Woodson.

THE 49ERS HAVE FAILED to score a touchdown in a game twice

since 1991 — in both of this season's defeats. They fell in the opener at Tampa Bay 13-6, and they built their record largely on victories over the league's lesser teams.

"In 1987, we tore through the league and got punched in the mouth," San Francisco quarterback Young said. "In 1994, we got punched in the regular season. This was like three punches in the mouth."

The Chiefs, keeping the pressure on Denver, have an easier schedule than the Broncos, who won 38-28 at San Diego on Sunday night. The Broncos must travel to Pittsburgh and San Francisco, while the Chiefs have two of their last three at home.

Kansas City led 14-3 after a 2-yard touchdown pass from Gannon to Tony Gonzalez. Gonzalez then swept past Zack Bronson on the right side to block a punt by Tommy Thompson and returned the ball 12 yards to the 3. Allen scored on the next play.

After Pellom McDaniels sacked Young for a 9-yard loss a few minutes later, the Chiefs drove 57 yards. Allen, the short-yardage specialist, took a handoff and drifted right, then flipped a 1-yard touchdown pass to Ted Popson, playing his first game since suffering a concussion on Nov. 3.

ALLEN'S SIXTH CAREER TD pass and second this season made it 28-3 with 26 seconds left in the half.

The score came after Darnell Walker was called for pass interference on Gonzalez in the end zone, giving the Chiefs a first down at the 1.

Gary Anderson made two field goals from 33 yards — one on the last play of the half — and one from 40 for the 49ers. Kansas City also scored on Andre Rison's 6-yard reception in the first quarter and his 29-yarder with 12:40 to play.

With 8:31 to play, Terry Kirby was tackled in the end zone by Phillips and Donnie Edwards for a safety. Then Mark McMillian intercepted Jeff Brohm's pass and returned it 12 yards for the Chiefs' final TD. Brohm had replaced Young just before the safety.

Sprewell Assaults Coach

OAKLAND, Calif. — Disgruntled guard Latrell Sprewell was suspended indefinitely without pay by the Golden State Warriors for "physically assaulting" head coach P.J. Carlesimo at practice on Monday.

Carlesimo, sporting lacerations on each side of his neck, including a three- or four-inch cut, provided general information about the incident during an evening news conference.

According to the coach, he and Sprewell exchanged words leading to a physical confrontation while the Warriors were going through practice drills. Sprewell left but returned some 15 minutes later and fought through assistant coaches to get at Carlesimo again.

"I did not see this coming," Carlesimo said. "This happened in practice. We are dealing with incidents that occurred today only. I don't expect this to happen again. If it does, we will react accordingly."

PRESSED FOR MORE INFORMATION, the coach said, "It is not for me to describe or portray what happened. ... None of the other players were involved, it was just between Sprewell and myself. ... I was doing my normal coaching and it was just between two people."

According to general manager Garry St. Jean, Sprewell will miss at

least 10 games, costing him some \$947,561 of his \$7.7 million salary.

"Certainly, he crossed the line," St. Jean said. "This was a team issue and we're like a family. We were not pleased to come to this, but it did. And it is very, very, serious."

"The integrity of the franchise stands strong and we will not tolerate this type of action."

The suspension could vary in length, depending on events that occur in the next week or two, St. Jean said.

"The dialogue among all parties in a positive way could possibly shorten the suspension or, going the other way, could lengthen it," he explained.

MONDAY'S INCIDENT OCCURRED four days after Sprewell missed the team flight to Salt Lake City for Friday's game against the Utah Jazz. Sprewell started and scored 30 points in a 111-82 blowout loss.

The 27-year-old Sprewell is 10th in the league in scoring at 21.4 points per game. But he is shooting just under 40 percent from the field for a Warriors' team that owns the worst record in the Western Conference at 1-13.

MISSING THE TEAM FLIGHT was the latest in a series of off-the-court problems for Sprewell,

who has been the subject of trade rumors involving the San Antonio Spurs. During a November 19th game at San Antonio, he reportedly turned to Spurs coach Gregg Popovich — a former Golden State assistant — and shouted, "Hey, Pop, pull the trigger."

St. Jean addressed the rumors, but refused to say whether this incident will accelerate trade talks.

"Obviously, there will be a lot of discussion," he said. "Every day we are pro-active, not only today. We're trying to make deals, but obviously, that's for you (in the media) to speculate."

Carlesimo, in his first year as Warriors' coach, pulled Sprewell in the third quarter of a November 9th game at Los Angeles after spotting him laughing with Lakers center Shaquille O'Neal while the team was losing by 35 points. Sprewell spent the final 18 minutes of that game on the bench and was not in the starting lineup against Detroit three nights later.

A three-time All-Star, Sprewell is coming off the finest season of his five-year career. He averaged 24.2 points, 6.3 assists and 4.6 rebounds while shooting nearly 45 percent in 80 games. The 1992 first-round draft choice has led the Warriors in scoring each of the last four seasons.

Harrison Earns OUA Honours

Stephanie Harrison, a veteran centre with the Laurentian Lady Vees basketball team was selected as the Ontario University Athletics female athlete-of-the-week.

The third year Human Kinetics student from St. Catharines led the Lady Vees to two victories over the weekend at the Ben Avery Gym; 84-60 over the University Ottawa Gee Gees Friday, and 72-31 over the Carleton Ravens of Ottawa Saturday.

As a result, the Lady Vees and Queens University Golden Gaels of Kingston are tied for top spot in the OUA East Division. Both have 6-0 win-loss records.

Against the Gee Gees, Harrison scored a game high 22 points in only 20 minutes of action. Then against the Ravens, she added another 20 points in just 23 minutes of court time.

Harrison was also selected as the Molson Female Athlete of the week along with Aaron Prieur of the Men's and Women's Track and Field team.

Prieur was first in the 1500 meter run at the Western Open Indoor Track and Field Meet over the weekend.

Laurentian fifth in men's swimming

The men's squad from Laurentian University Aqua Vees slipped slightly in the Canadian Interuniversity Athletic Union (CIAU) rankings over the weekend.

Despite not competing over the weekend, Aqua Vees slipped from fourth to fifth.

Meanwhile, University of Calgary Dinosaurs went from third to first while British Columbia Thunderbirds and Toronto Varsity Blues are second and third respectively after being one and two last week.

McMaster Marauders of Hamilton moved from fifth to fourth. Rounding out the top 10 are: 6. New Brunswick Varsity Reds, 7. Victoria Vikes, McGill Redmen of Montreal, Guelph Gryphons and Montreal Citadins. Victoria and Montreal were not ranked last week.

The women's team at Laurentian failed to crack the top 10 again this week. This week's top 10 includes (last week's position in parentheses): 1. B.C. (2); McMaster (1); 3. Toronto (3); 4. Calgary (6); McGill (4); 6. Victoria (5); 7. New Brunswick (7); 8. Dalhousie (9); 9. Manitoba (10);



Letter to the Sports Editor,

Whats up with this Payne Morgan guy, who is this demented sociopath. I have never seen a more deplorable human in my life. His attitudes towards sports, and the school are terrible.

I cannot beleive that this person is allowed to express his views in the Lambda, the really sad thing is that I hear people talking and laughing at the stuff this character writes. Half the guys in the weight room think its hilarious and they wonder why no girls go in there.

This Howard Stern wannabe is nothing more than a cheap showman who tries to shock his readers into confusion and disalusionment. The nature of his articles are irrelevant and useless to the readers of this school and should be taken out of the Lambda. Mr. Stevenson must be hard up for articles or in need of filler. I agree with the woman's centre, I feel the Payne everytime I read this guy. Frankly I'll enjoy the time away from Morgan and his Paynefull literary antics, it one of the best Christmas presents I could ask for.

Payned to the Bone